JANUARY 23, 2024 BLUE VALLEY TIME PAGE 5



EMERGENCY



- Blood is perishable and there is no substitute
- MKBC needs 450 donors every day to meet the needs of our community hospitals
- 40% of the US population is eligible to donate blood, but only 5% do so regularly
- The rarest blood type is the one that is not available at the moment it is needed to save a life
- Donating blood is safe and easy, and takes less than one hour

DONATE BLOOD NOW

While all blood types are currently needed, our community is in critical need of

0+ and 0-

blood donors at this time!

Help Save Lives – January is National Blood Donor Month

January marks the 53rd anniversary of National Blood Donor Month – a time to recognize the importance of giving blood and platelets (and celebrate those who save lives by rolling up their sleeves to help those in need!). It is also a time to remind and encourage new (& lapsed) donors to give blood during one of the most difficult times to maintain a sufficient blood supply – the winter months.

Right now, there is a critical need for all blood types, especially type O. This time of year is challenging when it comes to collecting enough blood and platelets to meet patient need. Winter weather and an increase in illnesses like the flu can affect blood donor turnout. However, the need for donations still exists. Patients are still counting on blood being available despite these challenges.

Did you know less than 7% of the population has O- blood, yet anyone can receive O- blood? Did you know O+ is the most common blood type, therefore highly demanded? Did you know platelets have a shelf life of only 5 to 7 days?

Donate Blood Now

These are just some of the reasons we are always in need of type O blood and platelet donors. If you fall in any of these groups, please schedule an appointment to donate today!

And remember – the rarest blood type is the one that is not available at the moment it is required to treat someone in need. All blood types and platelet donations are always needed and welcome!

To schedule an appointment at one of Miller Keystone Blood Donor Centers or Satellite or to find a Community Blood Drive near you, Go here - http://enews.senatorboscola.com/mail/util.cfm?mailaction=clickthru&gpiv=2100169842.3603.195&gen=1&mailing_linkid=16659.

BLOOD DONATION ELIGIBILITY

A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

The Board of Supervisors is Seeking Candidates to Fill the Following Vacancies

RECREATION COMMITTEE MEMBER AND ALTERNATES

The Board of Supervisors is seeking volunteer members for the Recreation Committee. The goal of the Washington Township Recreation Committee is to enhance the recreational resources available to residents. The Committee meets the 4th Tuesday of each month at 7:00 pm.

Washington Township residents that are interested are asked to submit a letter of interest to:

Washington Township Board of Supervisors 1021 Washington Blvd.Bangor, PA 18013





Bangor Area Ski Club is having an upcoming fund-raiser and they need your help deciding which colors and style will win the vote. Please choose which color combination should win. Pre-orders are available for those that can't wait to slip into some Slater Socks!!! \$15 for Knee High / \$13 for Crew https://www.facebook.com/groups/1685762688660460/perma-link/1685765401993522