



Get back to doing what you love and living PAIN-FREE. That's our goal at Robbins Rehabilitation West as a family-owned, outpatient physical therapy and wellness clinic. We want to help you find the fastest and most effective way to eliminate your pain without the use of medications, injections or surgery.

How do we do this? With specialized, one-on-one treatment programs that allow both the patient and the therapist to develop a plan that WORKS, and will last long after your time with us. We give you the tools in order to succeed at home, and we serve as a resource for any of your health-related needs.

With our new Wellness Program, there are a variety of services that contribute to faster healing and sustained physical health medical massage, laser light therapy, nutrition coaching and athome workout plans are just some of the ways we hope to ensure you're getting the most out of your life and not limited by your pain.

Don't just take our word for it, though. There are thousands of people in Bangor, Allentown, Bethlehem, and Upper Macungie just like you that made the choice to do something about the pain affecting their lives and saw great success. Don't wait until it's too late. Call us today at 610-686-9690 and ask how you can get a FREE 30 minute health screen with one of our doctors of physical therapy.

> Call **610-686-9690** to schedule your free appointment today.

RobbinsPTWest.com/screen

## Lehigh Valley Youth Choirs Join the Bach Choir of Bethlehem and Westminster Choir College in Highlighting Music from Around the World at the Greg Funfgeld Family **Concert: Youth Choirs Festival**

By Glenn Koehler

BETHLEHEM - The Bach Choir of Bethlehem is thrilled to present this year's Greg Funfgeld Family Concert, a celebration of choral music designed to engage and inspire family members of all ages on Sunday, February 23rd at 3pm. Held at Lehigh University's Zoellner Arts Center, this vibrant event will bring together youth and high school choirs from Parkland High School, Lehigh Valley Charter High School for the Arts, Nazareth High School, and the Bach Choir's own Bel Canto Youth Chorus to perform alongside the storied Westminster Choir College and the Bach Choir.

"The choral arts can be a lifelong and life-changing passion, and we are delighted to bring together vibrant young voices from across the Lehigh Valley to perform with the Bach Choir and the excellent Westminster Choir College," said Leela Breithaupt, Executive Director of the Bach Choir of Bethlehem.

"This joyous event is a celebration of global music traditions and community, together we look forward to creating an unforgettable experience that inspires friends and family, both young and old."

Audiences will embark on a global musical journey featurselections from Indonesia, Spain, Zimba-



bwe, Germany, Russia, and the United States, including choreography accompanying traditional Zimbabwean choral music and works by British jazz-pop sensation Jacob Collier. In addition, attendees will enjoy excerpts from Mozart's Requiem in D Minor and Bach's Mass in B Minor, performed by the combined youth choirs, Bach Choir, and members of the Bach Festival Orchestra under the direction of the Bach Choir's Artistic Director and Conductor Dr. Christopher Jackson, Bel Canto Youth Chorale Conductor Alaina Swartz, and Bel Canto Youth Chorus Director Kelly Rocchi.

"The [Youth Choirs] Festival provides an opportunity to experience the full power and majesty of large works we would not otherwise perform on our own," said David Macbeth, a vocal music faculty member at the Lehigh Valley Charter High School for the Arts. "There is nothing that transcends the experience of singing a timeless masterwork with one's friends and col-

The Greg Funfgeld Family Concert, known for its interactive and engaging format, is much more than a concert. Audiences will have the opportunity to participate in sing-alongs, help "build a chord," and even witness young attendees take the stage as guest conductors. The event serves as an ideal introduction to classical choral music, blending joy, education, and tradition in a warm, family-friendly atmosphere.

Don't miss this lively afternoon of music, movement, and community spirit! Tickets are \$20 for adults and \$9 for students and are on sale now at bach. org or by calling 610.866.4382 x110/x115.