



Community Action Lehigh Valley is one of the largest and most dynamic nonprofit organizations in the Lehigh Valley! With a dedicated team of over 100 employees, we provide a wide range of programs and services, including housing, small business support, food access, youth programming, and more. There's always something exciting happening here! Plus, it's incredibly rewarding to see your hard work make a direct impact on the community. Check out our open positions to see if there's a fit for you, or feel free to share with a friend who may qualify.

### Current Employment Opportunities:

#### Community Action Lehigh Valley (Administration): Bethlehem

- Executive Assistant
- Deputy Executive Director for Finance & Administration
- Digital Media Coordinator, part-time (application opening soon!)

#### Second Harvest Food Bank: Nazareth

- Associate Executive Director
- Community Programs Coordinator
- Transportation Dispatcher

**Go Here To Apply** <https://www.communityactionlv.org/careers>

#### Community Action covers a majority of health care costs by offering:

Comprehensive medical, dental, vision, and prescription plans  
 Free telemedicine access to board-certified doctors and mental health professionals  
 No-cost concierge services to support you in navigating the healthcare system  
 Agency-paid life insurance and long-term disability insurance  
 Voluntary life insurance and short-term disability insurance options  
 401(k) retirement plan with up to 7% matching annual agency contribution

#### Additional work perks and benefits include:

We're currently piloting a 36-hour work week!  
 Employee discounts  
 Agency wellness program  
 Financial wellness education and resources  
 Flexible scheduling, work from home options for many positions  
 HRA that helps pay your deductible

#### Generous paid leave time:

Vacation - 15 days (Earn more time after 2nd and 5th year anniversaries!)  
 Personal - 1 day annually to use at your leisure  
 Sick Time - 9 days annually  
 Holidays - 10 observed annually



## Honoring Our Eagle Scouts

By Rep. Joe Emrick

This past weekend at Dryland UCC Church in Nazareth, I joined Boy Scout Troop 76 to honor four young men who earned the rank of Eagle Scout.

Congratulations to Aaron Kirchofer, Adam Lankay, Antonio Pacana and Logan Vakienner on their prestigious accomplishment.

To become an Eagle Scout, one must fulfill leadership roles and display outdoor skills, demonstrate by example the Scout Oath and Law, and complete a comprehensive service project.

I am pictured with Congressmen Ryan Mackenzie, the four new Eagle Scouts and Senator Lisa Boscola.

## Pay Attention to Your Heart Health!

By Rep. Joe Emrick

February is American Heart Month, a time when all people are encouraged to focus on their cardiovascular health.

According to the Centers for Disease Control and Prevention (CDC), heart disease is the leading cause of death for men, women and people of most racial and ethnic groups in the United States. It notes one person dies every 33 seconds in the United States from cardiovascular disease. In 2022, 702,880 people died from heart disease. That's the equivalent of one in every five deaths.

To protect yourself, the CDC encourages people to choose healthy foods and drinks, keep a healthy weight, get regular physical activity and don't smoke. People should also take charge of medical conditions that could increase their risk of heart disease, such as high cholesterol, high blood pressure or diabetes.

Learn more about heart disease and how to protect yourself here [https://links.pahousenews.com/q/s1nCC0C71r0XHfdDg-qpvMdue\\_DAr2ny0gYZcOJYnZ0aW1lc0ByY24uY29tw4gULwyrO3ecoVqLBpj6CAqhsVK7NA](https://links.pahousenews.com/q/s1nCC0C71r0XHfdDg-qpvMdue_DAr2ny0gYZcOJYnZ0aW1lc0ByY24uY29tw4gULwyrO3ecoVqLBpj6CAqhsVK7NA)

