

NOTICE
ALL SUBMISSIONS MUST BE
EMAILED ONLY TO
BVTIMES@RCN.COM
BY FRIDAYS NOON

Mission of Love Food Bank
 Every Tuesday- Food Bank Program 555 North Main St., Bangor, 10am-12pm. All are invited Bilingual Services. Pastor Frank Pons. (570) 807-7794

Explore Warren County Tourism at:
ExploreWarren.org
 Located at 165 County Route 519 South - Belvidere, NJ 07823
 908-475-6580 / 800-554-8540

Portland Upper Mt. Bethel Food Bank
 Located at 111 State St. Portland Pa. and until further notice the PUMP will be open every Monday as normal, AM AND PM: 10 to 11:30 am & 6:00 to 7:30 pm but will deliver food to your car as your number is called in the parking lot. No one but workers will be allowed to go inside. There will be no access to restrooms. Your cooperation during this difficult time is greatly appreciated.

Biking
 Delaware Water Gap National Recreation Area - River Road Bushkill, PA (570) 426-2452 Levee Loop Trail - Biking East Stroudsburg, PA (570) 426-1512 info@srosr.org

BIKE TRAIN
ALL ABOARD THE SCENIC BIKE TRAIN!
 Hop on the Bike Train and step back in time. Enjoy a relaxing 25 mile train ride through the Lehigh Gorge. Then, pedal

your bike back down to Jim Thorpe at your own pace along the Lehigh Gorge Rail Trail.
 Advance Tickets/reservations Are Required For The Bike Train And Can Be Made By Calling The Blue Mountain & Northern Railroad (Aka Lehigh Gorge Scenic Railway) Directly At

Jacobsburg Environmental Education Center Community Programs, March 2024

Fishing Equipment Available
 When: Monday thru Friday, 8:00am to 2:30pm
 Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
 Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

DiscoverE Adventure Backpacks Available
 When: Monday thru Friday, 8:00am to 2:30pm
 Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
 Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-

2801 or email jacobsburgsp@pa.gov.

Family Science Night: What's in a nest?
 Friday, March 8 at 6:30pm to 7:30pm
 Nesting season is starting for birds in our area and no nest is the same. Learn about the different courting and nest building strategies that various types of birds use. We'll start off the evening by try to observe the amazing courtship display of the Timberdoodle. We'll meet out front of the visitor center promptly at 6:30 so that we don't miss this fleeting dusk display that many call the "sky dance"! Once it gets dark we'll head inside to examine examples of nests before attempting to make our own. This program is best for families with children ages 5 and up. Registration is required.

Hike for Health
 Wednesday, March 13 at 5:30pm to 7:00pm
 Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 3 miles over uneven terrain. You must be able to maintain a hiking pace of two miles per hour to attend. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. This monthly hiking program will repeat on April 10, May 1, June 5, July 10, August 14, September 4, and October 2 at the same time and place. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

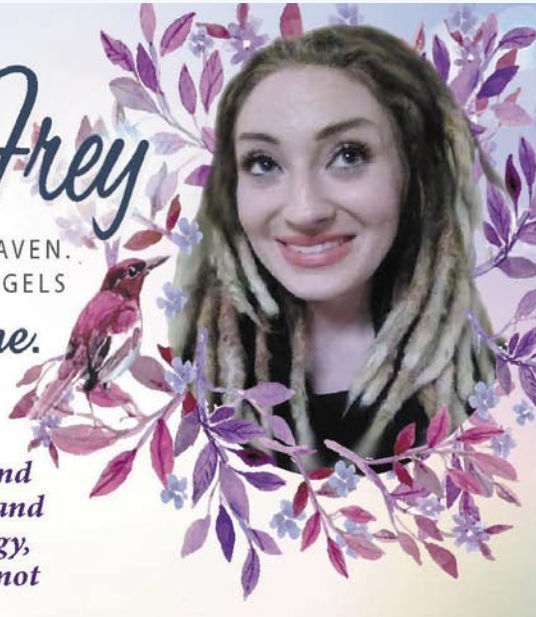
Volunteer Recruitment Event
 Friday, March 15 at 7:00pm to 8:30pm
 After a chance to observe the mating flights of American woodcocks, we will gather in the center for some hot cocoa and learn the process of becoming a volunteer, reporting hours, and ways you can help the park. Registration is required.

Exploring Eclipses
 Saturday, March 16 at 2:00pm to 3:00pm
 On Monday April 8th portions of North America will experience a total solar eclipse and Pennsylvania is lucky enough to be in the path of totality. If you are planning to view the eclipse or are interested in learning about eclipses, join us for Exploring Eclipses to learn about the history of eclipses, what an eclipse is, how to safely view an eclipse, and what to expect on the day of the eclipse. After the program, we think you'll be even more excited for this upcoming astronomical wonder! Registration is required.

Tumbling Timberdoodles
 Saturday, March 16 at 6:30pm to 8:00pm
 The 'sky dance' or courtship display of the American Woodcock is a spectacle which has historically been known to take place at Jacobsburg each year. This program will cover some of the interesting biology of the American Woodcock followed by a quiet meander at sunset as we look and listen for these twirling courtship flights. Registration is Required.

Exploring Eclipses
 Wednesday, March 20 at 10:00am to 11:00am
 On Monday, April 8th portions of North America will experience a total solar eclipse and Pennsylvania is lucky enough to be in the path of totality. If you are planning to view the eclipse or are interested in learning about eclipses, join us for Exploring Eclipses to learn about the history of eclipses, what an eclipse is, how to safely view an eclipse, and what to expect on the day of the eclipse. After the program, we think you'll be even more excited for this upcoming astronomical wonder! Registration is required.

Camp Fowler Announces Registration for 2024 Summer Camp Programs
 Orefield, PA (February 26, 2024) – Valley Youth House is thrilled to announce that registration for 2024 summer camp programs at Camp Fowler is now open. Camp Fowler will be hosting seven summer camp sessions from June 24th to August 5th.
 Session 1 (Day Camp): June 24th-June 28th
 Session 2 (Overnight Camp): July 1st-July 4th
 Session 3 (Overnight Camp): July 8th-July 11th
 Session 4 (Day Camp): July 15th-July 19th
 Session 5 (Overnight Camp): July 22nd-July 25th
 Session 6 (Day Camp): July 29th-August 2nd
 Session 7 (Day Camp): August 5th-August 9th
 Day Camps are for youth ages 6-14, and overnight Camps are for youth ages 8-14. Nestled on 43 wooded acres in Orefield, PA, Camp Fowler offers a unique and enriching experience for young people, providing a safe environment to connect with nature, build relationships, and learn important life skills.
 "At Camp Fowler, our mission is to provide a transformative experience for our campers," said Mike Brady, Camp Director at Camp Fowler. "We believe in the power of nature to inspire, educate, and empower young people, and we are thrilled to open our doors for another exciting summer!"



1987-2017
Natalie Keel Frey
 MY BELOVED DAUGHTER HAS GONE TO HEAVEN. SHE IS IN PARADISE NOW, WITH GOD & ANGELS
She will always be with me.
 Natalie left us on May 15th, 2017 She left behind her son Giovanni and her daughter Gemma, as well as her mother Janet Frey and Jim, her father Dr. Richard Frey and Gail, and her brother Alexander Frey. Her high energy, talent, and friendliness will be missed, but not forgotten.

Don't let Heroin tear your family apart. GET HELP.
Carbon-Monroe-Pike Drug and Alcohol Commission's Mission: "To promote a community where recovery matters and strength and dignity is given to those affected by drug and alcohol use."
GET HELP NOW

After hours 24/7 number: **Carbon Monroe Pike Referral Center** at 1-866-824-3578. During regular business hours call: **Carbon County Referral Center Toll Free: (866) 824-3578. Monroe County Catholic Social Services: (570) 517-0892**
Pyramid Healthcare Bartonville Outpatient: (888) 694-9996. Pike County Catholic Social Services: (570) 296-1054
Carbon County Provider: PA Treatment and Healing (PATH), 335 N. Fourth Street, 2nd Floor, Lehigh, PA. 18235. (610) 377-8870.
Northampton County Drug & Alcohol Division - Located at 2801 Emrick Blvd, Bethlehem, PA 18020. 610-829-4725. A case manager is available Monday through Friday from 8:00 am to 5:00 pm to provide you with assistance on accessing services for substance abuse. If you do not have health insurance and are in financial need, this office may also help you get the funding for the services that are necessary.