

**NOTICE**  
**ALL SUBMISSIONS MUST BE**  
**EMAILED ONLY TO**  
**BVTIMES@RCN.COM**  
**BY FRIDAYS NOON**

**Mission of Love Food Bank**  
 Every Tuesday- Food Bank Program 555 North Main St., Bangor, 10am-12pm. All are invited Bilingual Services. Pastor Frank Pons. (570) 807-7794

**Explore Warren County Tourism at:**  
**ExploreWarren.org**  
 Located at 165 County Route 519 South - Belvidere, NJ 07823 908-475-6580 / 800-554-8540

**Portland Upper Mt. Bethel Food Bank**  
 Located at 111 State St. Portland Pa. and until further notice the PUMP will be open every Monday as normal, AM AND PM: 10 to 11:30 am & 6:00 to 7:30 pm but will deliver food to your car as your number is called in the parking lot. No one but workers will be allowed to go inside. There will be no access to restrooms. Your cooperation during this difficult time is greatly appreciated.

#### Biking

Delaware Water Gap National Recreation Area - River Road Bushkill, PA (570) 426-2452 Levee Loop Trail - Biking East Stroudsburg, PA (570) 426-1512 info@srosr.org

#### BIKE TRAIN

ALL ABOARD THE SCENIC BIKE TRAIN!

Hop on the Bike Train and step back in time. Enjoy a relaxing 25 mile train ride through the Lehigh Gorge. Then, pedal your bike back down to Jim Thorpe at your own pace along the Lehigh Gorge Rail Trail.

Advance Tickets/reservations Are Required For The Bike Train And Can Be Made By Calling The Blue Mountain & Northern Railroad (Aka Lehigh Gorge Scenic Railway) Directly At

**Jacobsburg Environmental Education Center Community Programs, March 2024**

Fishing Equipment Available  
 When: Monday thru Friday, 8:00am to 2:30pm

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth  
 Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

DiscoverE Adventure Backpacks Available  
 When: Monday thru Friday, 8:00am to 2:30pm

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth  
 Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad,

colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

The **East Bangor United Methodist Community Church** welcomes you to a FREE "Shrimp Jambalaya" Dinner on Sunday, May 5th, from 4:00-4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA Questions? call 610-588-4453 or visit www.ebumc.org.

**Jacobsburg Environmental Education Center Community Programs, May 2024**

Fishing Equipment Available  
 When: Monday thru Friday, 8:00am to 2:30pm

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth  
 Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

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dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

#### Hike for Health

Wednesday, May 1 at 5:30pm to 7:00pm  
 Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 3 miles over uneven terrain. You must be able to maintain a hiking pace of two miles per hour to attend. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. This monthly hiking program will repeat on April 10, May 1, June 5, July 10, August 14, September 4, and October 2 at the same time and place. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

#### Weekly Weeders

Thursdays, May 2, 9, 16, 23, 30 at 8:30am to 10:30am  
 Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required.

#### Volunteer Event - Knotweed Knock Down

Saturday, May 25 at 4:00pm to 6:00pm  
 Join us along the banks of the Bushkill Creek as we use machetes to chop down the invasive riparian weed, Japanese Knotweed. This program is limited to teens and adults and will require participants to cross creeks, use machetes, and walk in uneven terrain. Registration is required.

#### Water's Edge Night Hike

Saturday, May 25 at 8:30pm to 9:30pm  
 Discover aquatic wildlife at night! We will

carefully walk along the banks of the Bushkill Creek and use flashlights to observe the nocturnal behaviors of insects, fish, amphibians, and other creek-dwelling critters. For ages 8 and up. Registration and flashlights are required.

#### Northampton County Junior Conservation School

Sunday, July 14 to Saturday, July 20, 2024  
 This weeklong residential environmental education experience offers students ages 13-17 an opportunity to work with other youth and adults in a hands-on, non-traditional learning experience. Instruction includes hiking, archery, camping, canoeing, forest ecology, boater water safety, water quality monitoring, firearms safety and handling, and other outdoor experiences. Conservation School places a strong emphasis on field experiences to educate and instill a conservation ethic in its students. The program is designed to develop the leaders of the next generation who have an awareness of the critical environmental and ecological issues that affect our communities and how decision-making and management practices can limit those impacts. The school is staffed by a group of dedicated volunteers composed of sportsmen, returning students, community leaders, state agencies, and organizations. Instruction is provided by Jacobsburg Environmental Education Center and other professionals from the conservation and environmental fields. The school is held at the Northampton County 4-H Center 777 Bushkill Center Road Nazareth, PA 18064. A \$50.00 registration fee is required to attend NCJCS, the \$50.00 will be refunded upon the student's successful completion of the week of school. Registration is open now at www.ncjcs.org. Please fill out the online application at https://ncjcs.org/preapp/ to register for the 2024 session.

The **Northampton AARP Chapter 3915** will meet on Wednesday, May 8, 2024, at the Northampton Banquet and Events Center, 1601 Laubach Avenue, Northampton PA 18067. Doors will open at 11:00 a.m. We will meet in the Atlas Room. All members are cordially invited to attend. We welcome any new members or visitors to attend or join. Please stop at our trip table which now open. You can contact the trip co-coordinator, Lou Della Greenidge at 610-837-8412 for further information on our trips. Entertainment will be presented for your enjoyment.

The **East Bangor United Methodist Community Church** will host a "STRAWBERRY FESTIVAL" on Saturday, June 1st, from 12:00 to 4:00 p.m. It will be held at the Blaine Reimel Memorial Park on Park Rd. in East Bangor (rain or shine). Lots of good food and "Jacktown" ice cream will be available. For more info., call 610-588-4453 or visit www.ebumc.org.

**New Business?? Want to get your name out there?**  
**New to the advertising world?**  
**Start in our business directory today!**  
**Call for rates 610-452-9234!**

1987-2017

*Natalie Keel Frey*

MY BELOVED DAUGHTER HAS GONE TO HEAVEN. SHE IS IN PARADISE NOW, WITH GOD & ANGELS

*She will always be with me.*

*Natalie left us on May 15th, 2017 She left behind her son Giovanni and her daughter Gemma, as well as her mother Janet Frey and Jim, her father Dr. Richard Frey and Gail, and her brother Alexander Frey. Her high energy, talent, and friendliness will be missed, but not forgotten.*



**Don't let Heroin tear your family apart. GET HELP.**  
**Carbon-Monroe-Pike Drug and Alcohol Commission's Mission: "To promote a community where recovery matters and strength and dignity is given to those affected by drug and alcohol use."**

**GET HELP NOW**

After hours 24/7 number: **Carbon Monroe Pike Referral Center** at 1-866-824-3578. During regular business hours call: **Carbon County Referral Center Toll Free: (866) 824-3578. Monroe County Catholic Social Services: (570) 517-0892**

**Pyramid Healthcare Bartonsville Outpatient: (888) 694-9996. Pike County Catholic Social Services: (570) 296-1054**

**Carbon County Provider: PA Treatment and Healing (PATH), 335 N. Fourth Street, 2nd Floor, Lehigh, PA. 18235. (610) 377-8870.**

**Northampton County Drug & Alcohol Division** - Located at 2801 Emrick Blvd, Bethlehem, PA 18020. 610-829-4725. A case manager is available Monday through Friday from 8:00 am to 5:00 pm to provide you with assistance on accessing services for substance abuse. If you do not have health insurance and are in financial need, this office may also help you get the funding for the services that are necessary.