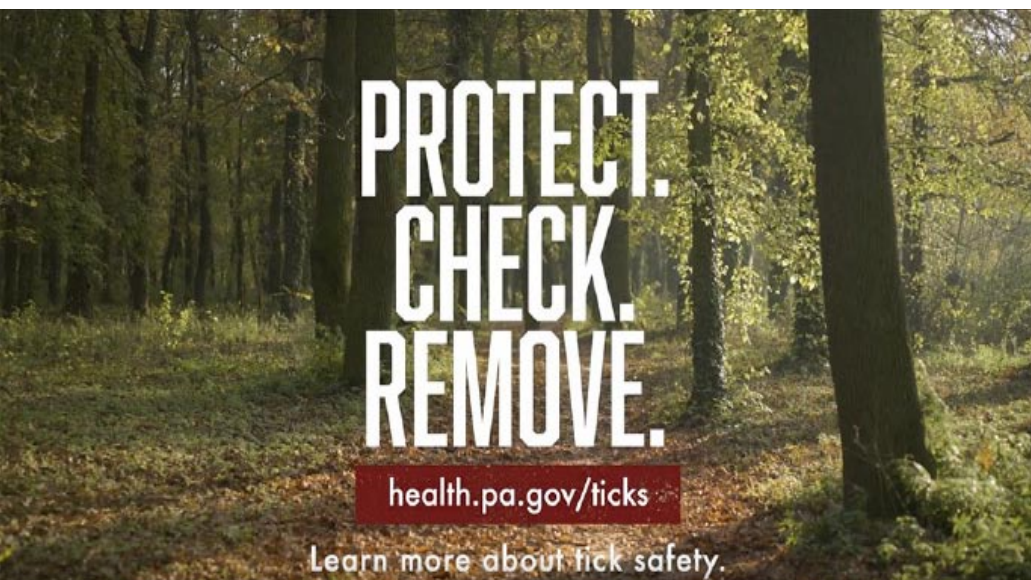




Boscola Bulletin

INDEPENDENT. EFFECTIVE. YOUR VOICE IN HARRISBURG.

 **LISA BOSCOLA** 18TH SENATORIAL DISTRICT



New Dashboard to Help Prevent Tickborne Diseases Now Available

Just in time for National Lyme Disease Awareness Month, the Pennsylvania Department of Health this week launched a new online dashboard to provide Pennsylvania residents and health care providers with information about tickborne diseases. The dashboard was designed for Pennsylvanians to use themselves, so they can see where ticks are prevalent and be prepared to take appropriate precautions while enjoying outdoor activities.

The tickborne diseases dashboard allows visitors the opportunity to review the latest state data on tickborne disease activity, such as Lyme disease. The data include case counts across Pennsylvania and cases per 100,000 residents per county to understand the prevalence of ticks.

Lyme disease is the most commonly reported tickborne disease in Pennsylvania and many other states, but there are several other diseases ticks can carry. In 2022, Pennsylvania ranked ninth in the United States for the number of Lyme disease (LD) cases reported by population. Although tickborne diseases can occur any time of the year, cases increase from April through August. In 2022, 8,413 LD cases were reported in Pennsylvania, representing an incidence of 64.9 cases/100,000 persons.

TICK BITE PREVENTION AND TICK REMOVAL

Individuals with exposure to wooded and brushy areas with high grass and leaf litter are at greatest risk of tick exposure. Residents can reduce the likelihood of a tick bite by: walking in the center of trails and avoiding areas with high grass and leaf litter; using EPA-approved insect repellents on exposed skin; using products that contain 0.5% permethrin to pre-treat shoes, clothing, and gear; wearing light-colored clothing, which will make it easier to see crawling ticks; conducting full-body tick checks (including pets) after spending time in tick habitats; bathing or showering within two hours after coming indoors; and placing clothing worn outdoors in the dryer on high heat for 10 minutes to kill ticks.

If an attached tick is found, it should be promptly removed using fine-tipped tweezers. The tick should be grasped as close to the skin's surface as possible and pulled upward with steady, even pressure. CDC's directions for tick removal can be found online.

Find the Tickborne Disease Dashboard and more information on tickborne diseases at the Department of Health's website http://enews.senatorboscola.com/mail/utl.cfm?mailaction=clickthru&gpiv=2100170536.3443.49&gen=1&mailing_linkid=17934.

A Memorial Day service East Bangor

A Memorial Day service will be held on Monday, May 27th, at 1:00 p.m. at the East Bangor Cemetery, Park Rd., East Bangor, PA. The speaker will be Larry Rissmiller, a U.S. Army Veteran. Hunter Zeman will recite the "Gettysburg Address". Amy Weaver will recite "In Flanders Fields".

A gun salute will be fired by the Martocci-Capobianco Post 750 American Legion, Roseto. Taps will be played by Hannah Confalone, who will also sing the National Anthem. Dustin Flyte will offer a musical selection. The East Bangor Fire Co. will be in attendance, as well as Boy Scout Troop 41.

In case of rain, the service will be held at the East Bangor United Methodist Community Church, 136 W. Central Ave. (Rt. 512), East Bangor, PA. The church is sponsoring the service. For more info., call 610-588-4453 or visit www.ebumc.org.



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