

Bangor High School College Recognition Ceremony

Jensyn Buist

Golf
Lock Haven University

3 year letter winner in golf
2 year letter winner in field hockey
1 year letter winner in basketball
2 year letter winner baseball manager

Planned Major: Communications and Sport Management



Sarah Hartzell

Cross Country and Track & Field
King's College

4 year letter winner in cross country
4 year letter winner in track & field
2 year letter winner in field hockey
1 year letter winner in basketball
Cross Country Captain
Track & Field Captain
Colonial League Academic All-Star
Girls track and field MVP

Planned Major: Physician Assistant Studies



Cody Quagliato

Baseball
Ramapo College of New Jersey

2 year letter winner in baseball
2 year letter winner in basketball
Member of the 2023 Colonial League Championship baseball team

Planned Major: Communication Arts

Parker Sandt

Track
Lock Haven University

4 year letter winner in track
2 year letter winner in football
1 year letter winner UCS bocce
Member of the 2021 Eastern Conference Championship team
3rd team all Colonial League Football
Colonial/Schuylkill All-Star Football game
Lehigh Valley Live All area honorable mention

Planned Major: Sport Management/Communications



Sophia Calantoni

Field Hockey
Moravian University

3 year letter winner in field hockey
Received the coaches award

Planned Major: Physical therapy



Ana Jones

Field Hockey and Track
Alvernia University

4 year letter winner in track
3 year letter winner in field hockey
1 year letter winner in golf
District qualifier all 4 years of track

Planned Major: Nursing



Dylan Krugh

Track
George Mason University

4 year letter winner in track
4 year letter winner in football
Track Captain
Member of the 2021 Eastern Conference Championship team
3rd team all Colonial League football
Best Lineman award
2024 Colonial League & District XI Shot put champion
2024 Colonial League & District XI Discus runner-up
2023 Colonial League & District XI Shot put runner-up
2023 Colonial League (3rd) & District XI medalist (4th)
2022 District XI medalist (3rd)
2023 & 2024 State qualifier Shot put
2024 State qualifier Discus

Planned Major: Biology



Megan Engle

Field Hockey
Marywood University

3 year letter winner in field hockey
Field Hockey captain
Impact Player award
Defensive MVP award
Lehigh Valley Live all area honorable mention
Morning Call all area honorable mention

Planned Major: Early Childhood Education



Riley Stapp

Football
Ithaca College

4 year letter winner in wrestling
3 year letter winner in football
3 year letter winner in baseball
Member of the 2021 Eastern Conference Championship team.
Member of the 2023 Colonial League Championship baseball team.
Lehigh Valley Live wrestler of the week.
Colonial League Runner up 189 lbs, wrestling.
Morning Call and Lehigh Valley Live all area honorable mention football.
Colonial/Schuylkill All-Star Football game

Planned Major: Doctor of Physical Therapy



Jacob Weaver

Football
King's College

3 year letter winner in football
Football Captain 2 years
McDonald's All-Star Football Game
Colonial/Schuylkill All-Star Football game
Member of the 2021 Eastern Conference Championship team.
3 time 1st team defense all Colonial League
2 time 3rd team all area Lehigh Valley Live

Planned Major: Sports Management



Jade Hendricks

Softball
Raritan Valley Community College

4 year letter winner in softball
2nd team all league junior year
Honorable mention all league sophomore year

Planned Major: Vet Tech



Emma Lautenbacher

Field Hockey
Wilkes University

3 year letter winner in Field Hockey
Field Hockey Captain
Offensive MVP

Planned Major: Nursing

