



State Rep. Joe Emrick Hands out Food



# Upper Mt. Bethel Drive-by Parade

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Day Poppies, per person inside vehicles.  
 Participating in the event were the American Legion, the VFW, Congresswoman Susan Wild, Representative Emrick, Bangor Council President Jim Kresge, Mayor Prator of Portland and the Upper Mount Bethel Supervisors.

The parade was Upper Mt. Bethel's way to keep with the tradition of Memorial Day and honoring those who made the ultimate sacrifice.



Far Left Portland Mayor Lance Prator



Congresswoman Susan Wild



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## HOW TO MAKE A HOMEMADE MASK OUT OF FABRIC OR CLOTH



### MATERIALS NEEDED:

- Fabric (100% cotton is most effective)
- Fabric ties
- Scissors
- Sewing machine or a needle and thread



### INSTRUCTIONS:

- Measure and cut two pieces of fabric in a rectangle pattern to fit snugly around the face (size 12 inches by 6 inches is standard for adults)
- Tightly sew both layers together on all edges
- Cut fabric ties to fit around the ears
- Sew the ties to the insides of the mask on the smaller edge, repeat on both sides
- Resew the sides to ensure a tight seal between both pieces of fabric and the earpiece



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