

PADDLE INTO SUMMER WITH SOME FAMILY FUN!

2024 LEHIGH RIVER SOJOURN

Sat., June 8-Tues., June 11



NEW THIS YEAR: FOUR DAYS!



Wildlands Conservancy

WILDLANDSPA.ORG/LEHIGHRIVERSOJOURN



Blood Donor Unexpectedly Becomes Recipient Lifesaving Transfusion

By Sam Kennedy

BETHLEHEM - Maria Callanan knows the power of blood donation – now from both sides of the experience.

As a teenager, she would often accompany her mother to then-Easton Hospital (now St. Luke's Easton Campus) to receive transfusions during her cancer treatment. "They helped her live two years longer," recalled the Easton woman. "I was grateful to the people who were donors at Miller-Keystone Blood Center." This inspired during her teens to start donating regularly at Keystone-Miller Blood Center, in Bethlehem, or other "pop-up" drives.

Then, on Christmas Day 2022, in the midst of celebrating with her family, the 32-year-old stay-at-home Mom was rushed to St. Luke's Anderson Campus in agonizing pain, caused by a twisted ovary and ovarian cyst. She underwent extensive emergency surgery to remove both, needing a lifesaving transfusion replace blood lost during the operation.

Today, she continues giving blood at Miller-Keystone, in memory of her mother and with gratitude to the generous donors whose blood saved her life.

"I think Miller-Keystone is wonderful," she said. "I love their mission and the people who run it."

MKBC has locations in Allentown, Bethlehem, Easton, Reading, the Poconos, Pittston and Ewing, NJ, and holds blood drives at area businesses and other locations.

St. Luke's, a founding member of Miller-Keystone over 50 years ago, continues its unwavering commitment as the only local health care network that identifies MKBC as its primary blood supplier. Without St. Luke's steadfast support for MKBC, the Lehigh Valley could run out of the blood necessary for to provide lifesaving care for patients, particularly during a regional or national blood shortage or other crisis.

Callanan's goal also is to help increase the blood supply from future generations. "My mission is to educate my children and other children on why it's so important and to motivate them to make the decision to donate blood."

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SLATE BELT RISING



RESIDENTIAL AND COMMERCIAL FAÇADE IMPROVEMENT PROGRAM

The Residential and Commercial Façade Improvement Programs are designed to help improve the exterior appearance and condition of residential and commercial properties within the four boroughs. The program's goals are to maintain historical and architectural integrity, improve neighborhood appearance, and help property owners make exterior repairs to their homes or businesses while increasing property values for all borough residents.

ABOUT SLATE BELT RISING

Slate Belt Rising is a neighborhood revitalization initiative designed to integrate and capitalize on the substantial assets of the individual Slate Belt boroughs of Wind Gap, Pen Argyl, Bangor, and Portland. While Slate Belt Rising specifically targets these four boroughs, some initiatives promote development and coordination of services throughout the entire region.

More information is available on our website under the Services tab, including program guidelines and applications Visit slatebeltrising.org.

PROGRAM OF COMMUNITY ACTION

Community Action Lehigh Valley is an anti-poverty non-profit offering programs and services in Advocacy, Business Start-Up and Development, Food Access and Nutrition, Housing, Neighborhood Revitalization, and Youth.

FIGHTING FOR GOOD
COMMUNITY ACTION
LEHIGH VALLEY

Contact Brian Fenstermaker at bfenstermaker@cacv.org
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