

## 2024 Preservation Awards Hosted By The Slate Belt Heritage Center



By Rep. Ann Flood

BANGOR - On Thursday evening, I had the honor of attending the 2024 Preservation Awards ceremony hosted by the Slate Belt Heritage Center in Bangor. During the event, I was proud to present official citations from the House of Representatives to the following award-winners in recognition of their outstanding achievements:

- Initiative Award: In-Kind Actions (Nancy Broadbent).
- Special Focus Award: Three Church Hill Arts and Historical Society.
- Architectural Award: The Cyphers Cottage (Jeffery and Angelynn Cyphers; not present).

These awards acknowledge individuals who have significantly contributed to promoting and preserving the culture and heritage of the Slate Belt.

Nancy Broadbent, a graduate of Bangor Area High School, co-authored the book "Growing Up Slater," which became an instant bestseller for the Heritage Center. Jeffery and Angelynn Cyphers historically restored their unique cottage, which once served as a retreat for nuns. The Three Church Hill Arts and Historical Society in Martins Creek, built in 1803, was established as a historical building to preserve and share the rich history of the area.



## Pilates and Wellness Ribbon-Cutting Hosted By Slate Belt Chamber

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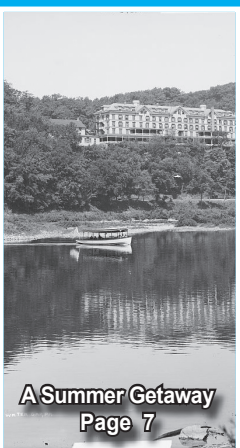
BANGOR - Pilates and Wellness, a new business in Bangor, held a ribbon-cutting ceremony on Saturday to showcase their Pilates Wellness Peer Support Studio. My staff member, Lisa, attended the wonderful grand opening event and presented the business owner, Francine Huber, with a certificate of recognition.

Fran says she is excited to bring her expertise to the Slate Belt area, where she will offer a professional studio dedicated to wellness. She strives to create a safe and welcoming space for the community, fostering both physical health and a balanced lifestyle.

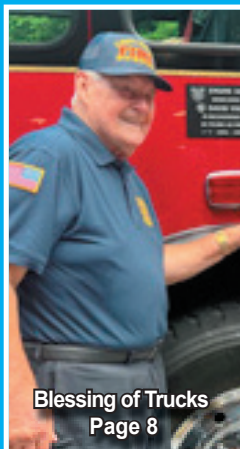
You can contact her at email: [pilatesandwellnessllc@gmail.com](mailto:pilatesandwellnessllc@gmail.com), website: [pilates-and-wellness.com](http://pilates-and-wellness.com), 34 Market St. Bangor Pa., (570)242-0156



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A Summer Getaway  
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Blessing of Trucks  
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7,404 Meals to Second  
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