



Friends of Minsi Lake L- Adriana Fors from Waste Management and Steve Reider Dir, of Slate Belt Rising



Guests took a guided tour of the lake with John Mauser



Andy Curtis from Friends of Minsi Lake



Timothy Schaffer from PA Fish & Boat



Claire Sadler from Lehigh Valley Greenways



Director of Parks and Recreation Bryan Cope



Co-Chair John Mauser of 'Friends of Minsi Lake'



Guests took a guided tour of the spillway with John Mauser

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HOW TO MAKE A HOMEMADE MASK OUT OF FABRIC OR CLOTH



MATERIALS NEEDED:

- Fabric (100% cotton is most effective)
- Fabric ties
- Scissors
- Sewing machine or a needle and thread



INSTRUCTIONS:

- Measure and cut two pieces of fabric in a rectangle pattern to fit snugly around the face (size 12 inches by 6 inches is standard for adults)
- Tightly sew both layers together on all edges
- Cut fabric ties to fit around the ears
- Sew the ties to the insides of the mask on the smaller edge, repeat on both sides
- Resew the sides to ensure a tight seal between both pieces of fabric and the earpiece



Black Lives Matter Protest March in Pen Argyl

By Michael Ortoski

PEN ARGYL, Pa. - Three 19-year-old women have spent weeks planning a Black Lives Matter march in Pen Argyl. Verenice Mendez, Leena Al-Basheer and Sascha Gutierrez led the march thru the streets of pen argyl on rt. 512 from starting and ending at the entrance of the Slate Belt Y this past Saturday.

The friends from the Pen Argyl borough and Bangor, after traveling to Black Lives Matter protests in Easton and East Stroudsburg following the death of George Floyd under the knee of a Minneapolis police officer, decided to help bring more change to the Slate Belt. The march attracted around 150 people.

Their march is homegrown and not tied to any sort of outside group, because Black Lives Matter is more an overarching idea than an organizational structure they say.

"Black and brown voices matter, too. Even though we're not a majority, we're a minority, we still deserve to be heard and we still deserve to have rights and to be appreciated," said Leena Al-Basheer.

Slate Belt Regional Police escorted the protesters and were stationed along the route. Hoadley, the Slate Belt chief, has been planning right along with organizers.

The message in words delivered at the end of the rally were about November and about registering to vote and actually following through.

"This is a change that needs to happen and people are waking up to realize that now," said Gutierrez, who is registered and will vote in her first presidential election.

And, she is clear, "We are not against the police. We had the Slate Belt police force supporting us, walking with us. We are not here to hurt people in any way. We are completely peaceful. We want to make changes that will help people and better our communities."

Northampton County Republican Committee were on the sidewalks in front of their building supporting the president, the police and their freedom.

In Facebook posts committee member David Ascani wrote "fill the walks with American flags, Trump flags and Blue Lives Matter flags," "this will be a peaceful gathering for all Americans. Negativity will not be tolerated. Our cause is to show unity supporting our president, police and freedom." And it was a peaceful on both sides of the street.

Officers wore regular uniforms and no tactical gear. Officers covered all intersections to make sure traffic didn't become an issue. A special services vehicle -- a repurposed ambulance -- was in use to provide water to marchers so they didn't get dehydrated in the humid afternoon.

At the end some speeches were made mostly about getting out to cast your vote for the future.

There was an eight minute moment of silence for George Floyd who was killed by a police officer by kneeling on his neck for eight minutes.

