

NOTICE
ALL SUBMISSIONS MUST BE
EMAILED ONLY TO
BVTIMES@RCN.COM
BY FRIDAYS NOON

Mission of Love Food Bank
 Every Tuesday- Food Bank Program 555 North Main St., Bangor, 10am-12pm. All are invited Bilingual Services. Pastor Frank Pons. (570) 807-7794

Explore Warren County Tourism at:
ExploreWarren.org
 Located at 165 County Route 519 South - Belvidere, NJ 07823
 908-475-6580 / 800-554-8540

Portland Upper Mt. Bethel Food Bank
 Located at 111 State St. Portland Pa. and until further notice the PUMP will be open every Monday as normal, AM AND PM: 10 to 11:30 am & 6:00 to 7:30 pm but will deliver food to your car as your number is called in the parking lot. No one but workers will be allowed to go inside. There will be no access to restrooms. Your cooperation during this difficult time is greatly appreciated.

Biking

Delaware Water Gap National Recreation Area - River Road Bushkill, PA (570) 426-2452 Levee Loop Trail - Biking East Stroudsburg, PA (570) 426-1512 info@srosr.org

BIKE TRAIN

ALL ABOARD THE SCENIC BIKE TRAIN!

Hop on the Bike Train and step back in time. Enjoy a relaxing 25 mile train ride through the Lehigh Gorge. Then, pedal your bike back down to Jim Thorpe at your own pace along the Lehigh Gorge Rail Trail.

Advance Tickets/reservations Are Required For The Bike Train And Can Be Made By Calling The Blue Mountain & Northern Railroad (Aka Lehigh Gorge Scenic Railway) Directly At

Jacobsburg Environmental Education Center Community Programs, March 2024

Fishing Equipment Available
 When: Monday thru Friday, 8:00am to 2:30pm
 Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
 Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsbursgsp@pa.gov.

DiscoverE Adventure Backpacks Available
 When: Monday thru Friday, 8:00am to 2:30pm
 Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
 Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad,

colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsbursgsp@pa.gov.

Weekly Weeders

Thursdays, June 6, 13, 20, 27 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required.

Butterflies of Jacobsburg

Saturday, June 29 at 3:00pm to 5:00pm
 Join local butterfly enthusiast Bill Grant for this walk through the fields of Jacobsburg in search of these beautiful insects. He'll show you how to quickly identify local species and the best places to look for them. Participants should wear comfortable shoes. A hat, bottled water sunscreen, binoculars, and camera are recommended. This program is best for families with children ages 8 and up. Registration is required.

Blinking Lights on Summer Nights

Saturday, June 29 at 8:30pm to 9:30pm
 Are you mesmerized by the flashes of fireflies during warm summer evenings? Would you like to know what the flashes mean or what you can do to improve backyard habitat for these twinkling insects? Join us to learn all about the secret lives of fireflies! This program is best for families with children ages 8 and up. Please bring a flashlight (for a game) and wear comfortable walking shoes. Registration is required.

Jacobsburg Environmental Education

Center

Community Programs, July 2024
 Fishing Equipment Available
 When: Monday thru Friday, 8:00am to 2:30pm
 Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
 Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsbursgsp@pa.gov.

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Weekly Weeders

Thursdays, July 4, 11, 18, 25 at 8:30am to 10:30am

Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden every Thursday morning from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required.

Hike for Health

Wednesday, July 10 at 5:30pm to 7:00pm
 Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 3 miles over uneven terrain. You must be able to maintain a hiking pace of two miles per hour to attend. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. This monthly hiking program will repeat on August 14, September 4, and October 2 at the same time and place. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsbursgsp@pa.gov.

Introduction to Field Botany

Saturday, July 20 at 10:00am to 11:00am
 Many plants may look similar at first glimpse, and it can be overwhelming trying to sort them all out. Join us and learn basic skills in plant identification using keys and field guides. We will focus on common plants and plant families found at Jacobsburg. Please bring water, a snack, wear sturdy shoes and dress appropriately for the weather. Registration is required.

Share Your Yard with Nature

Saturday, July 20 at 2:00pm to 3:00pm
 Lawns are hard work. They need the proper amount of fertilizer and water and let's not forget all the mowing! On top of that they don't provide much useful habitat to pollinators and other wildlife. Join us to learn about the advantages of letting go of that grass by converting some lawn to meadow or woodland. Please bring water, a snack, wear sturdy shoes and dress appropriately for the weather. Registration is required.

Northampton County Junior Conservation School
 Sunday, July 14 to Saturday, July 20, 2024
 This weeklong residential environmental

education experience offers students ages 13-17 an opportunity to work with other youth and adults in a hands-on, non-traditional learning experience. Instruction includes hiking, archery, camping, canoeing, forest ecology, boater water safety, water quality monitoring, firearms safety and handling, and other outdoor experiences. Conservation School places a strong emphasis on field experiences to educate and instill a conservation ethic in its students. The program is designed to develop the leaders of the next generation who have an awareness of the critical environmental and ecological issues that affect our communities and how decision-making and management practices can limit those impacts. The school is staffed by a group of dedicated volunteers composed of sportsmen, returning students, community leaders, state agencies, and organizations.

Instruction is provided by Jacobsburg Environmental Education Center and other professionals from the conservation and environmental fields. The school is held at the Northampton County 4-H Center 777 Bushkill Center Road Nazareth, PA 18064. A \$50.00 registration fee is required to attend NCJCS, the \$50.00 will be refunded upon the student's successful completion of the week of school. Registration is open now at www.ncjcs.org. Please fill out the online application at <https://ncjcs.org/preapp/> to register for the 2024 session.

FREE "Sloppy Joes"

The East Bangor United Methodist Community Church welcomes you to a FREE "Sloppy Joes" Dinner on Sunday, July 7th, from 4:00 to 4:30 p.m. This is TAKE-OUT ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. Questions, call 610-588-4453 or visit ebumc.org.



After hours 24/7 number: **Carbon Monroe Pike Referral Center** at 1-866-824-3578. During regular business hours call: **Carbon County Referral Center Toll Free: (866) 824-3578. Monroe County Catholic Social Services: (570) 517-0892**

Pyramid Healthcare Bartonsville Outpatient: (888) 694-9996. Pike County Catholic Social Services: (570) 296-1054

Carbon County Provider: PA Treatment and Healing (PATH), 335 N. Fourth Street, 2nd Floor, Lehigh, PA. 18235. (610) 377-8870.

Northampton County Drug & Alcohol Division - Located at 2801 Emrick Blvd, Bethlehem, PA 18020. 610-829-4725. A case manager is available Monday through Friday from 8:00 am to 5:00 pm to provide you with assistance on accessing services for substance abuse. If you do not have health insurance and are in financial need, this office may also help you get the funding for the services that are necessary.

Don't let nothing tear your family apart. GET HELP.
Carbon-Monroe-Pike Drug and Alcohol Commission's Mission: "To promote a community where recovery matters and strength and dignity is given to those affected by drug and alcohol use."

GET HELP NOW