NOTICE
ALL SUBMISSIONS MUST BE
EMAILED ONLY TO
BVTIMES@RCN.COM
BY FRIDAYS NOON

Mission of Love Food Hub
Every Tuesday- Located at 555 North Main St., Bangor, 8am-12pm. All are invited. Dr. Pastor Frank Pons. (570) 807-7794

Explore Warren County Tourism at: ExploreWarren.org
Located at 165 County Route 519 South - Belvidere, NJ 07823 908-475-6580 / 800-554-8540

Portland Upper Mt. Bethel Food Bank
Located at 111 State St. Portland Pa. are open every Monday 8am to Noon

Biking
Delaware Water Gap National Recreation Area - River Road Bushkill, PA (570) 426-2452 Levee Loop Trail - Biking East Stroudsburg, PA (570) 426-1512 info@srosrc.org

BIKE TRAIN
ALL ABOARD THE SCENIC BIKE TRAIN!
Hop on the Bike Train and step back in time. Enjoy a relaxing 25 mile train ride through the Lehigh Gorge. Then, pedal your bike back down to Jim Thorpe at your own pace along the Lehigh Gorge Rail Trail.
Advance Tickets/reservations Are Required For The Bike Train And Can Be Made By Calling The Blue Mountain & Northern Railroad (Aka Lehigh Gorge Scenic Railway) Directly At

the student's successful completion of the week of school. Registration is open now at www.ncjcs.org. Please fill out the online application at https://ncjcs.org/preapp/ to register for the 2024 session.

Jacobsburg Environmental Education Center
Community Programs, July 2025
Weekly Weeders
Monday, July 7 & 21 at 8:30am to 10:30am
Interested in learning more about gardening with native plants? Volunteer to mulch, pull weeds, divide plants, and amend soil in the center's native plant garden Monday mornings from 8:30 AM to 10:30 AM. We provide instruction, tools, and weeding mats. Registration is required.

Butterfly Walk for Adults
Wednesday, July 9, 2025 10am to 12pm
Join butterfly enthusiast and conservation volunteer, Doug Burton, for a leisurely walk through the center to find different types of butterflies, learn about their host plants, and discuss conservation issues that may threaten populations. This program is for adults only. Registration is required.

Hike for Health
Wednesday, July 9, 2025 5:30pm to 7pm
Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 3 miles over uneven terrain. You must be able to maintain a hiking pace of two miles per hour to attend. Dogs are welcome to hike on a leash. Meet at the Visitor Center flagpole at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

Volunteer Program: Knotweed Knockdown
Friday, July 11, 2025 1pm to 3:30pm
Do you enjoy using machetes? Have you always dreamed of slashing through thick stands of plants? Join the crew at Jacobsburg for our annual Knotweed knockdown event! Tools and gloves will be provided. Adult-only participants are encouraged to wear long pants, closed-toed shoes, and avoid loose-fitting clothing or jewelry. Registration is required.

Family Science Night: Dams, Water Wheels, and Raceways
Friday, July 11, 2025 6:30pm to 7:30pm
Discover the hidden technologies of the past! Participants will walk along Jacobsburg's trails to uncover the remnants of historical sources of energy used by the Henry family. This event will meet at the Boulton Parking Lot near gate H1 along Henry Road and walk through mildly uneven terrain with some sloping. Participants are highly encouraged to be prepared to walk in the creek up to knee-height with appropriate footwear and clothing. This program is best suited for families with children aged 5 or older. Registration is required.

Volunteer Program: Brush In. Brush Out.
Saturday, July 12, 2025 9am to 11am
2 tasks, 1 morning. This adult-only volunteer program will consist of the removal of brush from a forested area along Sobers Run trail and an additional section of re-planting along the waterway. Tools and gloves will be provided. Participants are encouraged to wear closed-toed shoes and clothing appropriate for trail maintenance. Work involves walking on trail and carrying some heavier brush collections, as well as frequent bending and standing. Registration is required.

Plants: There's An App For That!
Saturday, July 12, 2025 2pm to 3pm
Participants will identify plants using common applications. Bring your own device to learn how to navigate the apps and avoid common mistakes! During the event participants will be walking on mild terrain and exposed to the elements. Please dress appropriately. This program is best suited for ages 12 and older. Registration is required

Crayfish Quest
Saturday, July 19, 2025 3:30am to 5:30am
Join us to learn about the fascinating lives of crayfish as we explore the creek for these unusual creatures. Equipment will be provided. Wear close-toed shoes that can get wet and expect to be in the water up to your knees. This program is best for families with children ages 8 and up. Registration is required.

Blinking Lights on Summer Nights
Saturday, July 19, 2025 8:30am to 9:30am
Are you mesmerized by the flashes of fireflies during warm summer evenings? Would you like to know what the flashes mean or what you can do to improve backyard habitat for these twinkling insects? Join us to learn all about the secret lives of fireflies! This program is best for families with children ages 8 and up. Please wear comfortable walking shoes. Registration is required.

Inclusivity in Nature: Birding
Thursday, July 24, 2025 9:30am to 11am
Learn about all of the accessible resources Jacobsburg has to offer! Participants will engage in a lesson about how we keep our park accessible to individuals of all abilities. Then participants will partake in a bird walk using the tools we discussed. This event will meet at the Visitor Center. The path for the bird walk will be determined by the participants! This program is best suited for adults who are either disabled or adults looking for information on general park accessibility.

Fishing Equipment Available
When: Monday thru Friday, 8:00am to 2:30pm
Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
Borrow fly rods, spinning rods, fly boxes, and tackle to use in Jacobsburg's creeks! To borrow equipment, you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

DiscoverE Adventure Backpacks Available
When: Monday thru Friday, 8:00am to 2:30pm
Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Lehigh Valley Jewish Events
610.821.5500 | mailbox@jflv.org | www.jewishlehighvalley.org

THURSDAY, JULY 17
Maimonides Happy Hour
5:30-7:30 p.m., West End Taproom, Allentown
Join your fellow Maimonides Society healthcare professionals for delicious cocktails, brews, and appetizers (dietary laws observed). Registration required

MONDAY, JULY 21
Countering Active Threat Training
2-3 p.m., Holocaust Resource Center in the JCC
Tim Brooks, Secure Community Network regional security advisor, will present this training program developed by SCN specifically for faith-based institutions and houses of worship. Registration is required.

SATURDAY, JUNE 28
KI Annual Gala
5:30-10 p.m., Congregation Keneseth Israel
Celebrate the Roaring 20s, featuring music by Ron Sunshine and Full Swing with vocalist Nancy Reed, at this event honoring Eric and Choty Rappaport. Cocktail reception at 5:30, dinner and dancing at 6:30, and dessert reception at 8:30. Cost is $180 per person. Register.

MONDAY, JUNE 30
"Finding G-d in Gaza's Terror Tunnels"
5-8 p.m., Chabad of the Lehigh Valley
Sapir Cohen and Sasha Troufenov will talk about their experiences as Hamas hostages. Admission is free. For information, email chabadlehighvalley@gmail.com.

FIRST SUNDAY OF THE MONTH
Bnai Shalom Cash Bingo
1 p.m., Congregation Bnai Shalom
Join Bnai Shalom for its monthly bingo game fundraiser, the first Sunday of every month (except October, when there's no game). For more information call 610-258-5343.

MONDAYS
Yiddish Club
2-3:30 p.m., JCC via Zoom
Experience the joys of Yiddish via Zoom as part of Adults at the J. The group meets weekly to discuss topics like cooking, humor, music and all kinds of entertainment in the Yiddish language. All are welcome to join this lively weekly discussion. There is something for everyone no matter if you know a few words or are a fluent speaker. Enjoy fun, fellowship, stories and more. Participants Zoom in from five states. No cost. Call 610-435-3571, ext. 501.

WEDNESDAYS
Yoga with Miriam Sandler: Chair-Supported Yoga
1-2 p.m., Congregation Brith Sholom
Participants sit in a comfortable chair, preferably armless (folding works well). Some standing poses holding onto a chair are offered, though students may choose to remain seated. Modifications are given. Open to the public in person, and live stream available to all via Zoom. $10 drop-in fee payable to Congregation Brith Sholom. For more information, email mbserow@gmail.com. Join the Zoom meeting here.

WEDNESDAYS
Torah Studies: A Weekly Journey into the Soul of Torah
7 p.m., Chabad of the Lehigh Valley and via Zoom
Torah Studies by the Jewish Learning Institute presents Season Three 5785, a 12-part series offered in person and via Zoom. Cost is $54 for the course, including textbook. For more information, call 610-351-6511 or email rabbi@chabadlehighvalley.com.

THURSDAYS
Basic Yiddish Class
4-5:30 p.m., Jewish Community Center via Zoom
Learn to read, write, speak and comprehend Yiddish. Textbooks from the Yiddish Book Center available for purchase. Call 610-435-3571, ext. 501.

FRIDAYS
Kol HaEmek
9-10 a.m., WMUH 91.7
Radio show with Cantor Wartell. For information go to muhlenberg.edu/wmuh.

SECOND FRIDAY OF THE MONTH
KI Shabbat Friends
5 or 5:30 p.m., Congregation Keneseth Israel
If you attend Shabbat services alone and feel awkward, join this enthusiastic group for pre-Shabbat dinner and conversation. Bring your own food, drink, and topics for discussion. Call 610-435-9074 for more information or to register. Shabbat Friends is not scheduled for October.

SATURDAYS
KI Torah Study
9:30-11 a.m., Congregation Keneseth Israel
Join Rabbi Shoshanah Tornberg for a study session making sense of the week's Torah portion. Enter the building through the 23rd Street door. For more information, contact Rabbi Tornberg using the form at kilv.org/torah-study.html.

SATURDAYS
Wisdom of the Talmud Class
After Shabbat Lunch and Schmooze, Congregation Brith Sholom
Join Rabbi Michael Singer in a discussion about Jewish law, ethics, customs and history as found in the pages of the Talmud. Any necessary books are available in the synagogue office. No previous Talmud study required. For information email tammy@brithsholom.net or call 610-866-8009.

SECOND SATURDAY OF THE MONTH
Shabbat Out of the Box
10 a.m., Congregation Keneseth Israel
Celebrating the sixth year of creative and interesting activities to inspire your Shabbat experience. Monthly programs and locations vary. Outdoor activities are weather permitting. Everyone is welcome so feel free to bring friends and family. All events are free. Registration is required. Click on the particular date to register.

LAST SATURDAY OF THE MONTH
Shabbat Yoga
10:30-11:30 a.m., Congregation Keneseth Israel
Jett Ulaner Saracheck and Ann Friedenheim lead this experience of Shabbat through movement. Bring a mat, blocks, or anything else that will bring you comfort in the practice. All are welcome.