

NOTICE
ALL SUBMISSIONS MUST BE
EMAILED ONLY TO
BVTIMES@RCN.COM
BY FRIDAYS NOON

Mission of Love Food Bank
 Every Tuesday- Food Bank Program
 555 North Main St., Bangor,
 10am-12pm. All are invited Bilingual
 Services. Pastor Frank Pons. (570)
 807-7794

Explore Warren County Tourism at:
ExploreWarren.org
 Located at 165 County Route 519
 South - Belvidere, NJ 07823
 908-475-6580 / 800-554-8540

Portland Upper Mt. Bethel Food Bank
 Located at 111 State St. Portland Pa.
 and until further notice the PUMP will
 be open every Monday as normal, AM
 AND PM: 10 to 11:30 am & 6:00 to
 7:30 pm but will deliver food to your car
 as your number is called in the parking
 lot. No one but workers will be allowed
 to go inside. There will be no access to
 restrooms. Your cooperation during this
 difficult time is greatly appreciated.

Biking

Delaware Water Gap National Recre-
 ation Area - River Road Bushkill,
 PA (570) 426-2452 Levee Loop Trail
 - Biking East Stroudsburg, PA (570)
 426-1512 info@srosc.org

BIKE TRAIN

ALL ABOARD THE SCENIC BIKE TRAIN!

Hop on the Bike Train and step back in
 time. Enjoy a relaxing 25 mile train ride
 through the Lehigh Gorge. Then, pedal
 your bike back down to Jim Thorpe at
 your own pace along the Lehigh Gorge
 Rail Trail.

Advance Tickets/reservations Are
 Required For The Bike Train And Can
 Be Made By Calling The Blue Mountain
 & Northern Railroad (Aka Lehigh Gorge
 Scenic Railway) Directly At

Wineries in the Poconos

Pocono wineries offer a unique and
 relaxing getaway.
 Tour a winery and unwind while sam-
 pling the many varieties of vintages
 available at our vineyards. From hip
 downtown wine bars like RAW Urban
 Winery & Hard Cider, Tolino Vineyards
 and Wild Elder Wine and Cider Co. to
 scenic properties like Mountain View
 Vineyard Winery and Sorrenti Cherry
 Valley Vineyards where rows of grapes
 are spread out on the hill before you,
 these wineries are located throughout
 our four-county region, so a Pocono
 vineyard experience is close to you no
 matter where you travel.

Pocono wine tours, wine tastings and
 special wine pairing events and dinners
 make it easy to discover new, locally-
 crafted, one-of-a-kind flavors. Check
 out specials at Three Hammers Winery
 in Hawley, Soaked Winery in Milford,
 Eagles Rest Cellars in Stroudsburg
 and Wine & More on 1st in Lehighton.
 Whether looking for a bachelorette party
 or relaxing with your spouse, browse
 the wineries in the Poconos below to

plan the perfect wine trip.
[https://www.poconomountains.com/
 things-to-do/nightlife-spirits/wineries/](https://www.poconomountains.com/things-to-do/nightlife-spirits/wineries/)

FAMILIES FIRST 21st ANNUAL 5K RACE & 1 MILE FUN WALK

Please join Families First as we cele-
 brate our 21st year serving residents
 in the Pen Argyl Area School District
 and participate in our annual 5K Race &
 1 Mile Fun Walk on Saturday, Septem-
 ber 9, 2023. The Race and
 Walk will start at 9 am in the Wind Gap
 Borough Park. Registration the day of
 the Race will begin at 7:30 am.

The Race Coordinator for our race
 is none other than the Great Mr. Phil
 Giaquinto, retired Plainfield School
 Principal, celebrating his 21st year as
 our Race Coordinator.

This event is for the entire family. All
 proceeds will go to support the Adopt-
 A-Family Holiday program and activities
 provided by Families First. "PEOPLE
 HELPING PEOPLE" in the Pen Argyl
 Area School District!

A copy of our official registration form
 can be downloaded from the Families
 First website: www.familiesfirstopenargyl.org.

Non-Refundable Entry: \$20 per person
 or \$50 for a family of three or more
 before September 9th; \$25 per person
 on Race Day. Family entries must be
 mailed together. Students - \$15 entry
 fee.

Checks payable to: Families First and
 mail to Families First Race Committee
 1620 Teels Road, Pen Argyl, PA 18072.

Entry includes a quality T-Shirt
 and Race Bag guaranteed to the first
 100 runners and a great opportunity to
 support a worthwhile cause.

Raffle: Each race participant
 will be assigned a raffle number. Ran-
 domly selected numbers will receive a
 prize.

Support: Be creative in showing your
 support for Families First on Social Me-
 dia. Submit your entry to our Families
 First Race Committee and the Board of
 Directors will award several prizes for
 creativity and content.

All levels of sponsorship will
 include: publicity, listing of corporate
 logo or Name on the event T-Shirts,
 and the opportunity to place informa-
 tional material in the Runners Race
 Bags. For sponsorship information,
 contact the Families First Director, at
 610-863-3688 or via email to jones.frank@penargylsd.org. A copy of the
 Sponsorship form can also be down-
 loaded from our Families First Website.
 All sponsorship request forms must be
 received by August 11, 2023 in order to
 be listed on the Race T-Shirts.

Your organization or business
 may prefer to donate items, such as gift

certificates or gift cards for our raffle at
 the event.

For more information about Families
 First, check out our website www.familiesfirstopenargyl.org and Like us
 on Facebook.

Families First of Pen Argyl is a Not-For-
 Profit 501 ©3 organization that is not
 associated with any other Families First
 in the United States and has no affilia-
 tion with any political party.

Gifts to Families First are tax deductible
 as allowed by law. Always consult your
 tax advisor for further details.



Beginner Archery

Can you hit the target? Learn the
 basics of archery at Jacobsburg! Join a
 park educator for two hours of learning
 and practicing field archery! Attendees
 must be at least 12 years old. No
 experience is required, and archery
 supplies will be provided. Registration
 is required.

Saturday, July 29 at 9:00am to
 11:00am 1:00pm to 3:00pm
 Jacobsburg Environmental Education
 Center 400 Belfast Rd, Nazareth, PA
[https://events.dcnr.pa.gov/jacobsburg_](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)
[environmental_education_center](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)



Botanical Treasures of Jacobsburg

Join us as we explore the park and
 search for mid-summer blooms. We'll
 discuss the ecology of various flowers
 as well as any legends, myths and
 stories 8/12 4pm Jacobsburg Environ-
 mental Education Center
[https://events.dcnr.pa.gov/jacobsburg_](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)
[environmental_education_center](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)



Magnificent Moths!

Moths are everywhere and come in a
 variety of colors, shapes and sizes. Join
 local moth enthusiast Steve Kloiber as
 we search for moths and other insects
 of the night. This program is best for
 families with children ages 5 and up.
 Please bring a flashlight. Registration
 required. Please register all members of
 your party including adults and children
 as space for this program is limited to
 20 attendees total. Saturday, August
 12 at 8:30pm to 10:00pm Jacobsburg
 Environmental Education Center
 400 Belfast Rd, Nazareth, PA 18064
[https://events.dcnr.pa.gov/jacobsburg_](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)
[environmental_education_center](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)



Volunteer Event: Lose the Loosestrife

Although beautiful, Purple Loosestrife
 is an aquatic invasive plant which
 threatens species diversity. We will
 be removing this unwanted plant from
 our planted wetland area. Registration
 is Required. Saturday, August 26 at
 6:00pm to 8:00pm Jacobsburg Environ-
 mental Education Center 400 Belfast
 Rd, Nazareth, PA
[https://events.dcnr.pa.gov/jacobsburg_](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)
[environmental_education_center](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)



Monarch Madness

During this program you will have the
 opportunity to participate as a citizen
 scientist for Monarch Watch, a conser-
 vation and research program based

at the University of Kansas. Partici-
 pants will learn to catch, handle, and
 tag monarch butterflies. We will also
 discuss current conservation efforts and
 ways that you can help the species to
 thrive throughout its life cycle. These
 programs are very popular! Please pick
 only one! Registration is required.
 Saturday, September 9 at 9:00am to
 11:00am More dates through September
 17, 2023 Jacobsburg Environmental
 Education Center 400 Belfast Rd,
 Nazareth, PA 18064

Monarch Tagging – Girl Scouts Love State Parks

This program is only for girl scouts
 and their families. Mid-September is
 the perfect time to witness migrating
 monarchs on their way to overwintering
 grounds in Southern North America.
 During this program you will have the
 opportunity to participate as a citizen
 scientist for Monarch Watch, a conser-
 vation and research program based at
 the University of Kansas. Participants
 will learn to catch, handle, and tag mon-
 arch butterflies. We will also discuss
 current conservation efforts and ways
 that you can help the species to thrive
 throughout its life cycle. Registration
 is required. Sunday, September 10 at
 9:00am to 11:00am
[https://events.dcnr.pa.gov/jacobsburg_](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)
[environmental_education_center](https://events.dcnr.pa.gov/jacobsburg_environmental_education_center)

**July Concert Series at the East
 Bangor United Methodist Community
 Church.** The free concerts begin at
 1:30 p.m. (A free-will offering will be re-
 ceived.) July 23 - Pocono Flute Choir
 July 30 - Brian Rasley Trumpet Ministry
 The church is located at 136 W. Central
 Ave. (Rt. 512), East Bangor, PA. For
 more info., call 610-588-4453 or visit
www.ebumc.org.

Jacobsburg Environmental Educa- tion Center Community Programs, August 2023

Fishing Equipment Available

When: Monday thru Friday, 8:00am to
 2:30pm

Where: Jacobsburg Visitor Center, 400
 Belfast Road, Nazareth

Borrow fly rods, spinning rods, fly boxes,
 and tackle to use in Jacobsburg's
 creeks! To borrow equipment, you must
 provide a driver's license or other form
 of state issued identification. Persons
 age 16 and older must possess a cur-
 rent fishing license to fish. Adults can
 help children under 16 fish without a
 license. Bait is not provided. For more
 information call 610-746-2801 or email
jacobsburgsp@pa.gov.

DiscoverE Adventure Backpacks Avail-
 able When: Monday thru Friday, 8:00am
 to 2:30pm Where: Jacobsburg Visitor
 Center, 400 Belfast Road, Nazareth
 Borrow a backpack full of kid-friendly
 tools to explore Jacobsburg! These
 backpacks are best for families with
 young children. Each backpack includes
 binoculars, notepad, colored pencils,
 magnifying lens, bug box, dip net, and
 five field guides for exploring the pond,
 insects, birds, trees, butterflies.