

Families First 23rd Annual 5K and One Mile Fun Walk

By Mikal Philip Sabatine, Director Families First Of Pen Argyl

PEN ARGYL - Please join Families First as we celebrate our 23rd year of serving the Students and Residents of the Pen Argyl Area School District and participate in our annual 5K and One Mile Fun Walk on Saturday September 27, 2025.

The Race and Walk begin at 9am, Registration opens at 7:30am. This year's Race Coordinator is the Assistant Principal of Pen Argyl High School Amber Krisukas. This is an event for the entire Family. All proceeds will go to support the mission and programs of Families First. Sponsorships are also available. Entry Form and Sponsorship Forms are available at www.familiesfirstofpenargyl.org or call 610-863-3688. Come join the Fun!



Columbia Self Storage

1059 Pennsylvania Ave., Pen Argyl, PA (610) 991-7224



Give blood.

Help save lives.



American Red Cross

Community Blood Drive Washington Township Volunteer Fire Company

Banquet Hall 920 Washington Blvd Bangor, PA 18013

Thursday, September 18, 2025 1:00 p.m. to 5:30 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: WashingtonTwpFire to schedule an appointment.

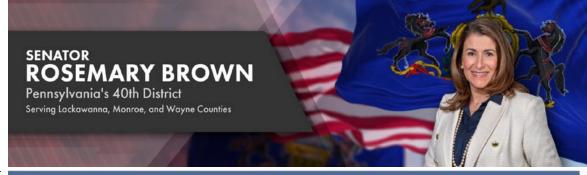
Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

Maximize your blood donation. Help more patients. If you are an eligible type O, B - or A - donor, consider making a Power Red donation. Red blood cells are the most commonly transfused blood component.



Give blood 8/29 to 9/21 for 1 of 4 mystery tees with an iconic Red Cross x PEANUTS design, ltd. qty!

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App



oint Senior Expo 2025

Friday, Sept. 19, 2025 11AM – 2 PM

With State Legislators & Lackawanna County Area Agency on Aging



Marketplace at Steamtown 300 Lackawanna Ave Scranton, PA 18503



Lackawanna County Area Agency on Aging office will be providing:

bag lunches and transportation from Senior centers!

Lackawanna County Board of Commissioners



Com. Bill Gaughan



Com. Chris Chermak



Sen. Marty Flynn 22nd Senatorial District



Sen. Rosemary M. Brown



Rep. Kyle J. Mullins 112th Legislative District



Rep. Kyle T. Donahue 113th Legislative District



Rep. Bridget M. Kosierowsk 114th Leuislative District



Rep. Jim Haddook 118th Legislative District