PAGE 4 BLUE VALLEY TIMES **SEPTEMBER 12, 2023** 





## of activities, keynote speakers, including Kevin Hines and Westley Morris, and opportunities to receive Recovery & Mental Health Resources. All residents of Northampton County are welcome to attend this free event, which is open to all age groups. There will be recovery and mental health resource booths available for those seeking support or information. Other Features: Free NARCAN distribution, Prize Giveaways, Iron Pigs' Mascots FeRROUS & FeFe, Food Trucks, Free Chair Massages, Yoga Sessions, Henna Tattoos, and Face Paintings This event will be held rain or shine.

## **Bangor Elks Lodge 1106**

120 BROADWAY, BANGOR PA

PRESENTS

ALL-YOU-CAN-EAT-BREAKFAST

1ST SUNDAY OF EVERY MONTH

8 AM - 12 AM

Includes: Eggs made to order, French Toast or Pancakes, Bacon, Scrapple, Sausage, Ham, Pork Roll, Potatoes, Coffee/Tea/Juice

**CURB SIDE PICK UP AVAILABLE CALL 570-534-0506** Cost: \$10 adult, \$6 children under 12, Free children 5 & under.



September 1st, marks the start to Suicide Prevention Month. In every corner of every community, there are people who have been touched in some way by the suicide epidemic and mental health

crisis that too many of our loved ones are experiencing. I'm committed to shining light on the mental health issues that too many of our friends, loved ones, and neighbors experience - this issue is one that's very close to my heart, and I am working to address this crisis to help every person access the mental health care they need.

I want to remind you that if you or a loved one needs support, the 988 Suicide & Crisis Lifeline provides 24/7 confidential crisis counseling - call or text "988".



## Live Well Be Well: A Community Empowerment Event

Hosted by County Executive Lamont G. McClure and Northampton County Drug & Alcohol and Suicide Prevention Task Force

Northampton County is holding an inaugural Live Well Be Well community empowerment event on

The Northampton County Drug & Alcohol and Suicide Prevention Task Force curated an array

Saturday, September 30, from 10:00 AM - 3:00 PM at the Easton Area Middle School.

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Easton Area Middle School (1010 Echo Trail, Easton, PA 18040)