



Families First 23rd Annual 5K and One Mile Fun Walk

By Mikal Philip Sabatine, Director Families First Of Pen Argyl
PEN ARGYL - Please join Families First as we celebrate our 23rd year of serving the Students and Residents of the Pen Argyl Area School District and participate in our annual 5K and One Mile Fun Walk on Saturday September 27, 2025.

The Race and Walk begin at 9am, Registration opens at 7:30am. This year's Race Coordinator is the Assistant Principal of Pen Argyl High School Amber Krisukas. This is an event for the entire Family. All proceeds will go to support the mission and programs of Families First. Sponsorships are also available. Entry Form and Sponsorship Forms are available at www.familiesfirstopenargyl.org or call 610-863-3688. Come join the Fun!



Columbia Self Storage

1059 Pennsylvania Ave., Pen Argyl, PA (610) 991-7224



Give blood.
Help save lives.



Community Blood Drive
Washington Township Volunteer
Fire Company

Banquet Hall
920 Washington Blvd
Bangor, PA 18013

Thursday, September 18, 2025
1:00 p.m. to 5:30 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: WashingtonTwpFire to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

Maximize your blood donation. Help more patients.
If you are an eligible type O, B - or A - donor, consider making a Power Red donation.
Red blood cells are the most commonly transfused blood component.



Give blood 8/29 to 9/21 for 1 of 4 mystery tees with an iconic Red Cross x PEANUTS design, Ltd. qty!

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App

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SENATOR ROSEMARY BROWN

Pennsylvania's 40th District

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Polycystic Kidney Disease (PKD) Month

By Senator Rosemary Brown

In the Senate, I am introducing a resolution to designate the month of September 2025 as Polycystic Kidney Disease (PKD) Month in Pennsylvania. Raising awareness, encouraging research, and supporting affected families of PKD is a cause that hits close to home. Three members of my family have suffered with this disease and thankfully have received successful kidney transplants from fellow family members. These are only statistics from one family. I was joined today by my Sister-in-Law Kathy to recognize this co-sponsorship.

Polycystic Kidney Disease (PKD) is a chronic, genetic disorder that causes fluid-filled cysts to grow in the kidneys, often leading to high blood pressure, painful complications, and kidney failure. There are two forms: Autosomal Dominant PKD (ADPKD), the more common type, and Autosomal Recessive PKD (ARPKD), a rarer but serious form affecting children. ADPKD impacts more than 600,000 Americans and 12 million people globally. It is the fourth leading cause of kidney failure, and more than half of those affected will require dialysis or a transplant by the age of 60.

Despite its impact, PKD remains under-recognized. That is why the PKD Foundation—the only organization in the U.S. solely dedicated to fighting PKD—marks September as PKD Awareness Month each year. This resolution will align Pennsylvania with national efforts to shine a light on this painful and life-altering disease.



Protecting Animals from Painful Experiments

By Senator Rosemary Brown

As co-chair of the General Assembly's animal protection caucus, I am so pleased that the Senate unanimously approved legislation aimed at protecting dogs and cats from painful, taxpayer-funded experiments.

Senate Bill 381, also known as the Beagle Bill, would:

Prohibit Commonwealth funds from being used to conduct painful experiments on dogs and cats.

Require labs to offer animals for adoption for at least 30 days and does not require euthanasia.

Protect whistleblowers who expose animal cruelty in labs.

Allow state funding for noncompliant research projects to be suspended by legislative or executive action.

Require animal testing facilities to prominently post a link to the U.S. Department of Agriculture's Animal Care Public Search Tool.

Prohibit the testing and sale of animal-tested cosmetics effective Jan. 1, 2027.

Senate Bill 381 now goes to the House of Representatives for consideration.

