



## 'Recovery in Nature' Initiative Across Nine State Parks in Conjunction with National Recovery Month

By DCNR

PA - The Pennsylvania Departments of Drug and Alcohol Programs and Conservation and Natural Resources recently announced the Recovery in Nature initiative, which will run throughout the month of September in conjunction with National Recovery Month.

Recovery in Nature is designed to remind Pennsylvanians of the healing power of nature -- particularly for individuals in recovery from a substance use disorder -- and encourage all Pennsylvanians to take advantage of trails and waterways across the Commonwealth.

"We know that for those in recovery from a substance use disorder, spending time in nature can be a powerful tool in their journey and provide a boost in both mental and physical health," said Department of Drug and Alcohol Programs Secretary Dr. Latika Davis-Jones. "The department is proud to partner with the Department of Conservation and Natural Resources to spotlight the natural beauty and opportunities Pennsylvania has to offer, especially within our regional recovery hubs during such a meaningful time of year."

The Department of Drug and Alcohol Programs has funded nine regional recovery hubs across the state that are designed to embed, expand, and promote a Recovery-Oriented System of Care, which is a coordinated network of community-based services and supports that is person-centered, with the ultimate goal of improving the health, wellness, and quality of life for individuals in recovery from substance use disorder.

Each regional recovery hub has a corresponding trail or waterway within a state park or trail system located nearby. Learn more at <https://t.e2ma.net/click/im217q/2ddo0k/e7r0ujc>.

## Department Celebrates New Staff Appointment at Promised Land State Park Complex

By DCNR

PA - The Department of Conservation and Natural Resources recently announced the appointment of Sara Jade Woodsmith as the new assistant park manager for the Promised Land State Park Complex in Pike and Wayne counties.

Woodsmith officially began the role in May, assisting operations at the complex, which includes the 444-acre Varden Conservation Area.

Promised Land State Park is a nearly 3,000-acre park on the Pocono Plateau and is surrounded by the Delaware State Forest. Promised Land offers fishing and boating in two lakes, rustic cabins, camping, hiking, and more.

Woodsmith, a graduate of Eastern University, began her career with the department as a resource ranger at Tyler State Park before applying for the park manager trainee program and training in the southcentral region in 2023.



## Smokey Bear Celebrates 80th Birthday

By DCNR

PA - The iconic wildfire prevention advocate, Smokey Bear, recently celebrated his 80th Birthday at Mont Alto State Park.

Smokey was officially 'born' on August 9, 1944, when the U.S. Department of Agriculture Forest Service and Ad Council developed the symbol for forest fire prevention.

Since then, Smokey has been at the center of the longest running, and one of the most successful, public service advertising campaigns in U.S. history.

Smokey was initially brought to life by Artist Albert Staehle pouring a bucket of water on a campfire and saying, "Care will prevent 9 out of 10 fires."

In 1947, his slogan became the familiar "Only YOU can prevent forest fires!"

Visit the department's website for more information about wildfire danger maps, forecasts, and tips on reducing wildfire risks.



## JOIN THE NEW FARMER'S MARKET

We are thrilled to announce the launch of a brand-new farmers market in the area, featuring Pocono Organics as our main produce vendor!

### MARKET DETAILS

First Saturday of Every Month • 9 A.M. – 1 P.M.  
Tractor Supply - 5133 Milford Road, East Stroudsburg

### WHY JOIN US?

- Support the community by providing fresh, healthy options
- Network with other local farmers and vendors

### Interested in Becoming a Vendor?

Contact Tractor Supply at (272) 271-3020 for more information and to reserve your spot!



Senator Rosemary Brown  
40th District