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Fire Prevention Week Highlights Cooking Safety

By Rep. Joe Emrick

BETHLEMEM - National Fire Prevention Week, an annual event to help raise awareness about how to prevent fires and fire-related injuries, comes to an end this Sunday, Oct. 14, but it's important to pay attention to fire safety and prevention every day.

This year's theme is "Cooking safety starts with YOU."

According to the National Fire Protection Association, cooking is the leading cause of home fires and home fire injuries in the United States. Unattended cooking is the leading cause of cooking fires and deaths. Use the following tips to help prevent cooking fires:

- Watch what you heat. Always keep a close eye on what you are cooking. Set a timer to remind you that you are cooking.
- Turn pot handles toward the back of the stove. Always keep a lid nearby when cooking. If a small grease fire starts, slide the lid over the pan and turn off the burner.
- Have a "kid- and pet-free zone" of at least 3 feet around the stove or grill and anywhere else hot food or drink is prepared or carried.



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