



Support Domestic Violence Prevention Month

By State Rep. Tarah Probst

Pennsylvania offers free resources, services, and support for victims and survivors of domestic violence, and I want to make sure you know they are available. The state Victims and survivors of domestic violence are our neighbors, co-workers, or family members.

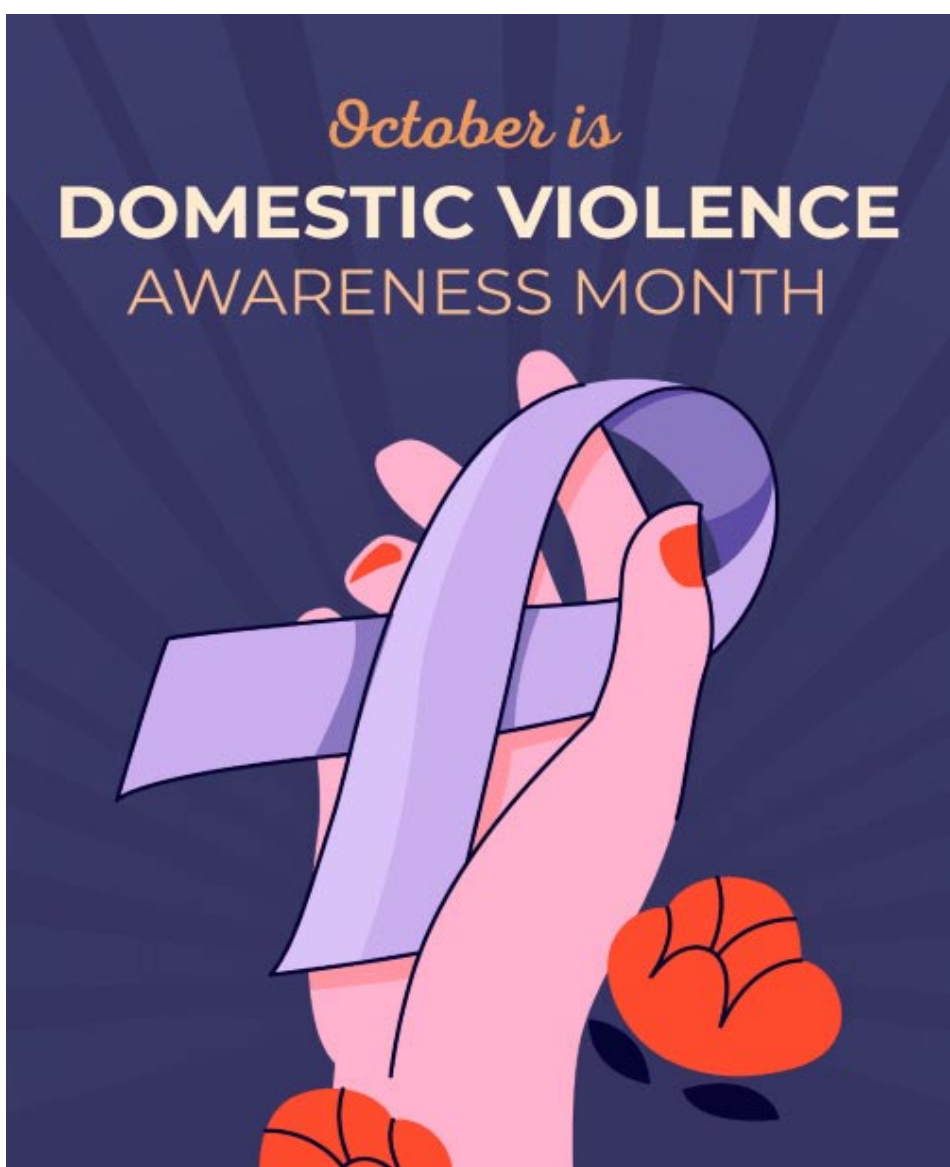
Domestic violence can occur within a family, or an intimate relationship, as a way for one person to control another. Anyone can experience domestic violence; it does not discriminate. Domestic violence is a crime and there are legal protections available for you. You can get help.

There are different types of domestic violence:

- Physical abuse — hitting, kicking, choking, shoving, not allowing someone to leave the house, or using objects such as knives and guns to cause injury
- Emotional abuse — threats, name-calling, or put-downs
- Sexual abuse — rape or forced unwanted sex acts
- Theft of money or other items
- Destroying personal belongings
- Hurting pets
- Threatening children
- Not allowing someone to work
- Not allowing someone to see friends and family

If any of these things are happening to you, or you are afraid of your partner, you may be in an abusive relationship.

If you are concerned that you might be in an abusive relationship, you can take this brief, confidential quiz for tips & resources from the PA Coalition Against Domestic Violence <https://www.pcadv.org/about-abuse/frequently-asked-questions/is-this-abuse/>.



Rep. Tarah Probst

DISTRICT OFFICE SERVICES

My team and I can help you with:

✓ Property Tax/Rent Rebate

✓ PennDOT Services

✓ Help with Unemployment

✓ LIHEAP

✓ Assistance for Seniors

Stroudsburg Office

18 S 19th Street Suite 105

(570) 420-2850

RepProbst.com

RepProbst@pahouse.net

Grace Church

404 E. Mountain Ave, Pen Argyl

Fall Craft Fair

November 22, 2025

9am - 3pm

Bake Sale - Crafters - Vendors