

Physical Therapy at St. Luke's Helps Business Owner Kick Chronic Foot Pain

By Sam Kennedy, Corporate Communications Director

BETHLEHEM - Tony Pagliaroli has always embraced an active lifestyle—racing motorcycles, hiking, and taking his dogs for long walks. But two years ago, the owner of Scott Powersports in Coopersburg found himself spending countless hours on his shop's unforgiving concrete floors – and his feet began to protest.

Persistent foot pain became a daily struggle. He tried everything: foot massages, stretching, rest, icing and high-end athletic shoes. Nothing provided lasting relief.

An initial visit to St. Luke's Podiatry determined Tony was experiencing chronic tendonitis, and he was referred to Elizabeth "Liz" Scifers, DPT, who is a Board-Certified Clinical Specialist in Orthopedic & Sports Physical Therapy and the program manager for foot and ankle care at Physical Therapy at St. Luke's.

"I carefully analyzed Tony's foot mechanics and designed a custom orthotic with a lateral post—built up on the outside—to correct his foot position," says Scifers, "a simple yet precise solution, tailored to his unique needs.

The results? Immediate and transformative.

"The orthotics Liz hooked me up with have been life-changing," Tony says. "I work on concrete all day, at least 60 hours per week, and she, along with Dr. Eric Bronfenbrenner, completely resolved my issues. I can't say enough good things about either of them."

To ensure continued relief, Tony leaves his shoes—equipped with his custom orthotics—at the shop, so he's never without them during work.

"The pain was so bad, I thought I would have to sell the business. Now, with the orthotics, I have no pain. Liz knocked it out of the park."

For Tony, relief wasn't just about eliminating discomfort—it was about reclaiming his quality of life. His business, his passion, and his ability to move freely were no longer limited by chronic pain. Thanks to the expertise of his team at St. Luke's, he can continue doing what he loves without his feet holding him back.



'Best Of The Slate Belt Awards'

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presented to a longstanding, multi-generational business with strong community ties and a positive representation of the Slate Belt.

The first recipient of this award is Miller's Paint & Wallpaper - Bangor

The Chamber honored all award recipients at the Slate Belt Awards Dinner on Wednesday, November 5th at Allegheny Creek Brewing Company. CONGRATUATIONS TO ALL THE WINNERS!!

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Awareness 365 - "Turning Pain Into Power" - Best Community Nonprofit. At the event they donated \$1,100.00 to the Chamber



Moonlight Pizza - Best Local Pizza



Just Dance Dance Studio - Best Dance/Fitness Studio