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Fighting for Rural Health Care

By Rep. Joe Emrick

BANGOR - In pursuit of a #HealthierPA for all, the House recently approved landmark legislation to help rural hospitals continue providing quality care to their patients.

The Pennsylvania Rural Health Redesign Center Authority, now Act 108 of 2019, will help expand upon a successful pilot program that has provided participating hospitals with more stability and predictability in their reimbursements and operating budgets. It allows rural hospitals to transition from fee-for-service to set monthly budget payments, making it easier to plan to meet financial obligations and keep their doors open.

Another challenge facing rural hospitals is unpredictable delays in the credentialing of health care providers. Credentialing is done by insurance companies to determine if the provider is eligible for reimbursement for services.

Under current law, hospitals, physician practices and community health centers are losing money, and access to care is being limited because they are sidelined by a credentialing process that can take up to six months. House Bill 533, now pending action in the Senate, will limit the process to no longer

Get Your Flu Vaccine Today

By Department of Health

HARRISBURG - With more than 2,600 laboratory-confirmed cases of flu statewide, the Department of Health is urging residents who have not already gotten a flu vaccine to do so.

Guidelines recommend everyone 6 months of age and older should get the vaccine each season. It takes about two weeks for the antibodies from the vaccine to develop protection against infection.

Influenza is a contagious disease, caused by the influenza virus. It attacks the nose, throat and lungs and may include the following symp-

toms: fever, headache, tiredness, dry cough, sore throat, nasal congestion and body aches.

To further prevent the spread of flu, Pennsylvanians are also encouraged to practice healthy habits such as covering your mouth and nose when you cough or sneeze, frequently washing your hands during flu season, and remembering to disinfect commonly touched objects such as door knobs, light switches, countertops, cell

If you do become sick with the flu, it is important to stay home and rest. If you are at risk for developing serious complications from the flu, or feel extremely ill, you should see a medical professional immediately.

Unity Bank

Continued from page 1

Pantry of Clinton from Clinton Branch; Readington Area Starfish from Whitehouse Branch; St. Paul Food Pantry of Ramsey from the Ramsey Branch; Samaritan Homeless Interim Program of Somerville from Somerville Branch; Sacred Heart Social Concerns Ministry in South Plainfield from South Plainfield Branch; Alliance Center for Independence Food Pantry in Edison from Edison Branch; Union Food Pantry from Union Branch; Helping Hands Food Pantry of Hillsdale from Emerson Branch; Washington Community Food Pantry from Unity's Washington Branch; Northampton Community College's HOPE Food Pantry from the Bethlehem, Pennsylvania Branch; and Salvation Army Easton Corps Community Center from Forks Township, Pennsylvania Branch.

SLATE BELT MEN'S QUOIT LEAGUE

December 12, 2019

Pen Argyl Legion 34 Rescue Fire Co. 22 – Kraig Kuster 13-1, Steve Pfeiffer 9-5, John Albanese 9-5, Ben Rea 8-2 Bangor Jax 40 Roseto Legion 16 – Eric D'imperio 12-2, Ron Andrews 11-3, Rob Tiburzi 11-3 Oxford Fire Co. 31 Liberty Fire Co. 25 – Bob Winter Ken Hagan 10-4, Tim Steele 10-4; Evan Senay 12-2, Ryan Dentith 9-5 Hillside Rod & Gun Club 34 Second Ward Fire Co. 22 – Dave Flick, Jr. 11-3, Nate Flick 9-5, Don Ascani 9-5; Dan Lucas 9-5 East Bangor Fire Co. 37 Columbia Fire Co. 19 – John Pene 12-2, Rich Pohl 11-3; Brian Palmer 8-6 O'Neill's Place 33 Roseto Rod & Gun Club 23 – Paul Freeby 10-4, Gerald Kinnaman 9-5, Leonard Thomas, Sr. 9-5, Zack Clark 8-6 angor Elks 32 Bangor VFW 24 - Ryan Kreider 11-3, Jody Zengulis 9-5, Wayne Hill 9-5, Jerry Bubba 9-5, Ryan Comunale 9-5, Jeff LaBar 9-5

2019-2020 SBMQL SECOND HALF STANDINGS

Division 1 – Hillside Rod & Gun Club 1-0, Bangor Elks 1-0, O'Neill's Place 1-0, Oxford Fire Co. 1-0, East Bangor Fire Co. 1-0, Pen Argyl Legion 1-0, Bangor VFW 0-1

Division 2 - Bangor Jax 1-0, Columbia Fire Co. 0-1, Second Ward Fire Co. 0-1, Liberty Fire Co. 0-1, Roseto Rod & Gun Club 0-1, Rescue Fire Co. 0-1, Rescue Legion 0-1









January 6

Portland Fire Co Starts 7pm

January 7

Bushkill Twp Fire Co Doors 5pm Starts 7pm

January 3

Wind Gap Fire Co Doors 5pm; Starts 6:45pm

January 4 **Immaculate** Conception Doors 11am: Starts 1pm

January 5

St. Elizabeth Church Starts 1pm

January 2

Kunkletown Fire Co Progressive Jackpot - 7pm

MT. BETHEL ABSTRACT

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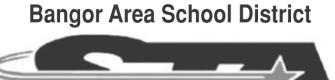
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PAGE 12 <u>CHURCH LISTINGS</u> <u>BLUE VALLEY TIMES</u> **DECEMBER 31, 2019**

NOTICE ALL SUBMISSIONS MUST BE **EMAILED ONLY TO BVTIMES@RCN.COM** BY FRIDAYS NOON

Ackermanville United Methodist 1410 Ackermanville Road, Bangor Sun 10am Worship. Rev. Sukja Bang (610) 588-7818, www.ackermanvilleumc.org

Bangor Church of the Nazarene 150 Bunny Trail, Bangor

Sun 9:30am SS, 10:40am Worship (Children's Church to grade 2), 5pm Powerhouse Praice Practice, 6pm Teen Straight Talk & Small Groups. Kenneth L. Bean, Pastor (610) 588-6929

Belfast Bible 483 Belfast Rd., Belfast

Sunday School (all ages) 9:30am, Worship 10:45am, Evening Service 7pm. Pastor Michael Yaworski.

Belfast Wesley United Methodist 607 School St., Belfast

Children's SS & Adult SS 9am, Worship 10am, coffee fellowship following worship. Pastor Paul Milligan. (610) 746-3652.

Benders Mennonite Church 975 Benders Church Rd., Pen Argyl

Sun Worship service every Sunday at 10:10am: Food Bank 3rd Saturday of the month 9-11am. 610-863-9114.

Bethel Bible Church of Mt. Zion 7742 N. Delaware Dr. (Rt. 611), **Martins Creek**

Free Bread Every Saturday, 3eryone welcome, questions 908-483-8231; Sunday School 9am, Sunday Morning Worship 10am. Pastor Rick Tunis, 610-250-9890. Learn about us online www.bethelbiblechurchofmtzion.org.

Christ Ev. Lutheran Church 703 South Delaware Drive

Mt Bethel. PA 18343 610-588-7056 The Rev. Larry Laine Worship at 9 AM Sunday School 10 AM

Clearfield Bible Holiness Church 1502 Bushkill Ctr Rd, Wind Gap

Sun- SS 10:15am, Worship 11:15am & 3pm. Pastor Donald Herrick. (812) 653-3975.

Community Baptist Weona Park Center, Pen Argyl

Sun - Bible study 7pm. Separate class for age 10 & under.

Community Presbyterian 1755 S Delaware Drive, Mt. Bethel

Sun. - SS 9:15am, Worship service 10:30am, Coffee hour on last sunday of every month following service. www. mtbethelpresbyterian.org, (570) 897-6766.

Cross Road Baptist Church 201 Second St., Bangor Sun-9:15am Praise Sing, 9:30am SS,

10:45am Worship; Wed-7pm Prayer/ Bible Study. Rev. Jay VanHorn, Pastor (610) 588-3966, www.crossroadbaptistbangor.org

The Lady's Guild of Our Lady of Victory R.C. Church, Tannersville will hold a Chicken Cordon Blue Dinner on April 28th. We would appreciate your help in advertising this year's event without cost to the church.

The East Bangor United Methodist **Community Church**

Sat., Jan. 4 -8:00 p.m. AA Meeting Sun., Jan. 5 -8:30 a.m. Choir Rehearsal -9:15 a.m. Worship Service w/Children's Church -4:00 to 5:30 p.m. Free Dinner Tue., Jan. 7 -7:00 p.m. Bible Study Pastor Dave Goss (610) 588-4453 Dial-A-Message (610) 588-3896 www.ebumc.org

Faith Alive Community Church 10 Mechanic St, Wind Gap

Tues- 6pm Ladies Prayer Meeting (2nd Tues); Wed- 6:30pm Revival Prayer, 7:15pm Adult Bible Study; Sat- 10-2pm Prayer Stop (1st Sat); Sun- 9:15am Family Fellowship, 9:30am Intercessory Prayer, 10am Worship, 10:45am Children's Church, Communion at 10:30am (1st Sun). Pastor Matthew Whistler. (610) 863-6911, www.faccpa.org

Faith United Presbyterian Penna & Heller Aves., Pen Argyl

Sun.- 9am Choir, 10am Worship/ Communion/Food Bank/Church School. (610) 836-4447

Family Life Community Church 1115 Richmond Rd, Bangor

Wed- Kidz Night Out at The Hub 6:30-8pm (kids 6 thru 6th gr.); Thurs- Teen Night Out at The Hub 6:30-8pm (gr. 7-9); Sun- 10am Celebration Service. Pastor Mike Poppa. 610-588-3736, www.flccbangor.com.

First United Evangelical 25 S 2nd St., Bangor

Sun. - 7pm Prayer Meeting & Bible Study; Jan 20- 9am Prayer Meeting, 9:30am Church School, 10:30am Worship. Pastor Ronald Shipman at (610) 588-3226

First United Methodist Church 55 N. Third St., Bangor

Worship every Sunday at 11am, Adult and Children Sunday Schools 9:45am, Communion first Sunday of month, Wednesday evening Bible Study 6:30pm. Pastor Chris Hardy (610) 588-4673.

First United Methodist 19 West & Water St., Wind Gap

Sun.- 9am SS, 10am Worship/Communion, 11am Fellowship on 1st Sunday of each month. Pastor John Vidal (570) 426-0645

Flicksville United Church of Christ 1337 Lower South Main Street

Bangor, PA 18013 Pastor Ken Hess

610-588-4648 www.flicksvilleucc.com Sunday School at 9:30 AM Worship at 10:45 AM All are welcome!

God's Missionary Church of Northampton 4965 Nor. Bath Blvd (Rt 329), Northampton, PA Sun- SS 9:30am, Service 10:30 & 7pm,

Youth Service 6:30pm; Wed- Prayer Meeting 7:30pm. Rev. Rodney Keister. (610) 262-4412. http://GMC-N.com

Good Shepherd Evangelical Lutheran Church,

2904 Church Rd. Martins Creek PA Sunday Worship Service 9:00 am. Adult Bible Study Following Worship. Pastor Louise Williams. www.goodshepherdmc.com

Grace Lutheran Church 5907 Sullivan Trail. Nazareth

Tue. - 6:30pm Choir; Jan 20- 9am Service/Communion, 10:15am SS, 10:30am Confirmation/Adult Forum. (610) 759-9080, www.gracebelfast.org

Grace United Methodist 404 Mountain Ave., Pen Argyl

Sun.- 8:30am Contemporary, 10am Blended, 10am SS. Rev. J. Timothy Fisher. (610) 863-4811. www.worshipatgrace.org

Holy Trinity Orthodox Church 1501 Trinity Court, Stroudsburg Divine Liturgy Sundays 9:30 AM;

Vespers Saturday 6:30 PM. (570) 421-4455, www.holytrinitypoconos.org.

Hopesprings Community of Faith 301 Market Street, Bangor

Sun-Services 10am. Jonathan Almanzar, Lead Pastor. 855-INFO-HOPE. www.hopespringscommunity.org.

Hope UCC 2nd & Cherry St., Wind Gap

Sun- 10:30am Worship (Communion 1st Sunday of the month). All are welcome! SS 9:30 Sunday Morning. Pastor Emily B. Hall. (610) 863-4474

Living Waters Christian Church 396 Sterling Rd. Unit D, Tobyhanna

Thurs- 6pm Christian Edu Sun- 9:15am Christian Edu, 10:30am Worship. Rev. Dr. Jacqueline R. Walters 570-350-4710

Mt. Bethel Church A Church of the Lutheran Brethren 1270 Belvidere Cr. Rd. Mt. Bethel

Sun.- 8:30am Traditional Service, 11am Contemporary Service Visit our website www.mountbethelchurch.org or call (570) 897-7142 for info.

Our Lady of Good Counsel 436 South 2nd Street

Bangor, PA 18013 Rectory (610) 588-5445 Parish Webside: www.ourladystvincent. com Mass Schedule Weekdays 8AM excluding Thursdays (See Church Website)

Saturday 4 PM Sunday 8:30 AM Holy Days (See Church Website) Saturday Confessions 3:25-3:45 PM

Our Lady of Victory R.C. Church, Tannersville, PA will hold a Free Community Dinner on Sunday, July 21st

from 3pm to 4pm. They would appreciate your assistance in advertising this dinner without cost to the Church. **Portland Baptist Church**

601 Delaware Ave., Portland Sun-Sunday School 9am, Service

10:30am; Wed-Bible Study 10:30 with Prayer Meeting to follow. Elevator and rampsWe are handicap accessible with automatic doors, elevator and restroom. (570) 897-6866 www.portlandbaptistchurch.com

Prince of Peace Lutheran Church 2445 Lake Minsi Dr., Bangor

Saturday Worship: 1st & 3rd 5:30 pm. Sunday School starts at 8:30am (September-May) Sunday Service- 9:45am Holy Communion is served weekly. All are welcome!

Christ Presbyterian Church of the Slate Belt

332 Kennedy Dr., Bangor Sun.-Worship 10:30 a.m. Rev Albert Martin (610)588-4864 e mail - presbyterianbr@frontiernet.net www.facebook.com/Presbyterybr

Richmond United Methodist Church 8538 Delaware Dr, Bangor

Sun.- Service 10am; 4th Sunday Fellowship Hour; Christmas Eve Candlelight Services 4pm and 7pm. Pastor Ed Van Arsdale. (610) 588-7317

The Roseto Independent **Presbyterian Church** 210 Garibaldi Ave, Roseto

Sunday Worship Services 9:15am Greeting/Welcoming, 9:30am Service. All Welcome. Rev. Barry Eng. (610) 599-9949, www.RIPC-OnlineToday.org.

Slate Belt - Nazareth Baptist 1620 Church Rd, Pen Argyl

Sun.- 9:30am SS, 10:30am Worship & Children's Church (nursery provided), 5:30pm Bible Study. Pastor Scott J. Davis. (570) 664-4603.

St. Brigid's Episcopal Church, Nazareth.

Delete Sunday school Holy Eucharist @ 9:30 a.m. St. Brigid's Episcopal Church 310 Madison Avenue Nazareth, PA 18064 Phone: 610-746-3910 Fax: 610-746-4515

St. Elizabeth's Parish 300 West Babbitt Ave., Pen Argyl Sun - Masses 8am 9:30am & 11am

Rev. Msgr. Vincent P. York. 610-863-4777

St. John's Evangelical Lutheran 12 N. Westbrook, Pen Argyl

Sun.- 8:45am SS, 10am Worship/Holy Communion. (610) 863-4332

St. Joseph's Episcopal 1440 Verona Dr., W. Bangor Jan 20- Eucharist 11am; Christmas Eve

Service 4pm. Rev Joel Atkinson. Coffee hour after service.

St. Luke's U.C.C. Belfast 471 Belfast Rd., Nazareth (Belfast)

SS 9am, Worship 10:30am. Rev. Cecelia Baxter and Rev. Jameson Baxter. 610-759-0244. www.stlukesuccbelfast.com

St. Mary's Episcopal 340 Lehigh St., Wind Gap

Sun.- service 9am. Coffee hour follows service. Rev. Joel Atkinson. Maundy Thursday Service will be held at St. Mary's Episcopal Church Wind Gap at 5:30 P.M. Easter Morning Service will be held at St. Mary's Episcopal Church Wind Gap at 9:00 a.m.

St. Peter's Evangelical Lutheran 1422 Church Rd, Pen Argyl

Sun.- Bible Study 11am, Praise Band 7pm; Jan 19- Youth Choir 6pm, Adult Choir 7:30pm; Jan 20- Services 8am and 10:15am, 9am SS. (610) 863-6859

St. Vincent dePaul

720 Delaware Avenue Portland, PA 18351 Rectory (610) 588-5445 Mass Schedule Weekdays (at OLGC) Saturday 6 PM Sunday 10:30 AM Holy Days (See Church Website) Saturday Confessions 5:40-5:50 PM

The Pentecostal Christian **Church the Truth** (Iglesia Pentecostal La Verdad) 4 Jory Ave Pen Argyl

Sun.- Prayer 14- Sunday School (Escuela Dominical) 12 noon, Praise & Worrship (Cuho Evanglistico) 1pm.

Temple Israel of the Poconos **Egalitarian Conservative Synagogue** 660 Wallace Street, Stroudsburg

Sabbath Services: Friday evening 7pm followed by a Traditional Oneg Shabbat. Saturday morning 9:30am followed by a traditional Kiddush. Dr. Sandra Alfonsi 570-223-7062.

Trinity United Church of Christ

632 S Delaware Dr. Mt Bethel Pa 18343 Sunday Worship 10:30 am SS and Confirmation 9:00 am Rev. Rodney Wells pastor

Trinity Evangelical Lutheran 404 Broadway, Bangor

Thur - Christian Ed 6:30pm, Choir 7:30pm; Jan 20- SS 9am, Worship/ Communion 10am. Pastor Laine. (610) 588-2023, www.tlcbangor.com.

Zion Presbyterian Church Water St., Wind Gap

Sun.- Rev. Albert Martin will be speaking at the 9:30am service. Children SS during the service. Visitors welcome. (610) 863-8896.