

NOTICE
ALL SUBMISSIONS MUST BE EMAILED ONLY TO
BVTIMES@RCN.COM
BY FRIDAYS NOON

Mission of Love Food Bank
 Every Tuesday- Food Bank Program 555 North Main St., Bangor, 10am-12pm. All are invited Bilingual Services. Pastor Frank Pons. (570) 807-7794

Explore Warren County Tourism at: ExploreWarren.org
 Located at 165 County Route 519 South - Belvidere, NJ 07823 908-475-6580 / 800-554-8540

The Salvation Army Food Pantry Pen Argyl
 The pantry is open Tuesdays from 10am until noon or by appointment for emergency food if needed; closed the 5th Tuesday of the month. Evening opportunity: The third Tuesday of every month pantry will be open 6-7pm. Contact the office at 610-863-6677 with any questions Monday through Friday from 9am-2pm. 301 Main Street, Pen Argyl PA 18072

Portland Upper Mt. Bethel Food Bank
 Located at 111 State St. Portland Pa. and until further notice the PUMP will be open every Monday as normal, AM AND PM: 10 to 11:30 am & 6:00 to 7:30 pm but will deliver food to your car as your number is called in the parking lot. No one but workers will be allowed to go inside. There will be no access to restrooms. Your cooperation during this difficult time is greatly appreciated.

Mission of Love - And Hope Food Bank Outreach Center
 Every Friday- 10am-12pm. All are invited. 5224 Milford Rd. East Stroudsburg Pa. 570-702-9958

The Pocono Arts Council is pleased to present the Members' Exhibition 2020, October 3-Dec 5. This celebration of members' creativity is an annual tradition where members of the Pocono Arts Council are invited to participate. Delivery/drop-off of artwork is Tuesday, Sept. 29 and Wednesday, Sept. 30 between 1 – 5 PM or by appointment. A special socially-distanced Artists' Reception and Awards Presentation will be held Saturday, October 3, 4-6 pm. In the Community Gallery at 701 Main St., Suite 402, Stroudsburg, PA. Best of Show awards (first, second and third place in each category) will be presented at 5pm. Categories include: Acrylic, Oil, Mixed Media, Photography, Watercolor, Works on Paper, 3-D Works, Fine Crafts. Award Winners will be featured at the Eastern Monroe Public Library Gallery during the months of December 2020/January 2021. A prospectus can be found by visiting <https://poconoarts.org/opportunities/members-2020/>

The Pocono Arts Council is a local arts service organization serving the Pocono region. The mission of the council is to build the community artistically and culturally by providing leadership, service and education - "Culture Builds Community." For further information, visit www.poconoarts.org, email info@poconoarts.org or call 570-476-4460.

Jacobsburg Environmental Education Center Community Programs, Winter 2020-2021

Snowshoes and Hiking Poles Available When: Monday thru Friday, 8:00 AM-2:30 PM Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
 Borrow snowshoe equipment to use on Jacobsburg's trails this winter! Snowshoes are available for folks of any age or shoe size, including small children. Snowshoes will not be made available during times of insufficient snow cover, at least six inches of snow is required. To borrow equipment, you must provide a driver's license or other form of state issued identification. For more information call 610-746-2801 or email jacobsburgsp@pa.gov. You can check our website for current winter conditions and snow depth: <https://www.dcnr.pa.gov/StateParks/Winter-Report/Pages/default.aspx>

First Day Hikes
 Friday, January 1, 2021 at 10:00am to 11:30am or 1:00pm to 2:30pm
 Get out and get hiking on the first day of 2021! Join us for one of two moderate 2-mile hikes at Jacobsburg. We will explore the forests and creek-side trails. The hikes will leave at 10:00 AM and 1:00 PM. The meeting location will be emailed to participants with the registration confirmation. Dress for the weather, wear comfortable hiking shoes, bring a snack and a water bottle. All participants over the age of two are required to wear a face mask in order to participate. All participants are required to maintain a safe physical distance from staff and other visitors at all times during the program. Registration is required. You can view and register for community programs online at <http://events.dcnr.pa.gov/>. If you need an accommodation to participate in a

program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.

A "Reverse" Advent Calendar will be observed at the East Bangor United Methodist Community Church. Advent is just around the corner and this year we'd like to suggest you consider a reverse advent calendar project. Instead of a typical advent calendar that you would open up and get something from, we're inviting you to consider putting an item in a bag for each day of Advent to go to the Portland-Upper Mt Bethel Food Pantry and local shelters. Consider the following: Canned goods, boxed macaroni and cheese, other non-perishable food items, toiletries, socks, etc. Dates of the project are December 1 – 24. Donations can then be brought to the church and placed by the kitchen door for distribution. The church is located at 136 W. Central Ave. (Rt.191), East Bangor. Any questions, call 610-588-4453.

Master Watershed Steward Program seeking new volunteers this spring
 Lehigh Valley, Pa - What substance covers 71% of the earth? What vital substance is needed by every cell in all living things? What valuable resource is abused, wasted, and taken for granted every day? If you answered water, you are right. We cannot live without it. But fresh water is NOT an unlimited resource. Of all the water on the earth only 2.5% is fresh water. Of that, only about 0.3 % is usable by humans. As population increases and urbanization creeps out ever farther into rural areas, the need for water conservation grows. Lehigh Valley residents that want to

learn more about the environment and get involved in local efforts to protect water can look to the Penn State Extension Master Watershed Steward Program. No previous experience is necessary – just a desire to give back. This program brings together university educators from varied disciplines, environmental professionals and local conservation agencies to deliver 40 hours of training to a select group of recruits who in turn volunteer to help protect the Lehigh Valley's most important valuable resource, water. Lessons in topics such as water quality, stream health and restoration, recreational use, groundwater, and geology equip the trainees for many projects that benefit the community. Last year 65 volunteers spent nearly 1,300 hours teaching students about stream ecology, planting riparian buffers to filter run-off, installing rain gardens, helping municipalities meet state mandated storm water runoff requirements and delivering educational public workshops for homeowners on rain barrels, pollinator gardens and storm water management. The program launched in the Lehigh Valley in 2013, and due to its success, there are now Master Watershed Steward programs in seventeen of Pennsylvania's Counties, with almost 500 volunteers. Applications are now being accepted for the 2020 Lehigh and Northampton training class. We are looking for enthusiastic people who want to preserve and improve the quality of life we enjoy in the Lehigh Valley.
 The 2021 Master Watershed Steward virtual training program starts Wednesday, March 3 and continues through June on Wednesdays from 6:30pm to 8:30 pm. The course also includes three hands-on field trips to be scheduled COVID permitting. The fee for the

program is \$125, which helps offset the costs for program materials and professional guest speakers. Scholarships are available for those with financial hardships. Three virtual Open Houses will be offered: Tuesday, December 1 - 6:00 to 7:30pm Wednesday, December 9 - 1:00 to 2:30pm Wednesday, December 16 - 6:00 to 7:30pm Register here: <https://extension.psu.edu/master-watershed-steward-open-house>

The Blue Mt. Community Library will sponsor a Valentine Gift Basket Fundraiser. The basket will be featured on our website at www.bmcl.org and our Facebook page. Please show your love for the BMCL by calling the library at 610-863-3029 to place a bid from Jan. 11 through Feb. 6. The library is currently open to visit on Mon. 10 am-Noon and 6-8 pm. And Fri. & Sat 10 am-Noon by appointment. When entering the library you must wear a mask and gloves will be provided to you. We are also open to borrow Curbside on Thurs. am and pm shifts, as well as all other shifts by calling the library to ask for the book(s) you want and a time to come to pick up. All books are sanitized and quarantined for your safety. Library membership is free to all residents in the Pen Argyl Area School District and non-residents may open a membership for a small yearly fee.



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Don't let Heroin tear your family apart. GET HELP.
Carbon-Monroe-Pike Drug and Alcohol Commission's Mission: "To promote a community where recovery matters and strength and dignity is given to those affected by drug and alcohol use."

GET HELP NOW

After hours 24/7 number: Carbon Monroe Pike Referral Center at 1-866-824-3578. During regular business hours call: Carbon County Referral Center Toll Free: (866) 824-3578. Monroe County Catholic Social Services: (570) 517-0892

Pyramid Healthcare Bartonsville Outpatient: (888) 694-9996. Pike County Catholic Social Services: (570) 296-1054

Carbon County Provider: PA Treatment and Healing (PATH), 335 N. Fourth Street, 2nd Floor, Lehighton, PA. 18235. (610) 377-8870.

Northampton County Drug & Alcohol Division - Located at 2801 Emrick Blvd, Bethlehem, PA 18020. 610-829-4725. A case manager is available Monday through Friday from 8:00 am to 5:00 pm to provide you with assistance on accessing services for substance abuse. If you do not have health insurance and are in financial need, this office may also help you get the funding for the services that are necessary.