



Bangor Elks Annual Hoop Shoot

By Michael Ortoski

BANGOR – Bangor Lodge #1106 of the Benevolent and Protective Order of Elks held their annual Bangor Elks Free Throw Contest on Saturday at the Washington Elementary School. The free throw contest was open to boys and girls ages 8 through 13 and free to all contestants.

The first place winners will compete at the Pennsylvania Elks Northeast District Free Throw Contest in February. The District Free throw contest will have participants from 14 sponsoring Elks Lodges throughout Northeast Pennsylvania.

Rules of the Hoop Shoot: Upon completing their warm-up shots and 10 shots for score, the contestant will report to the end of the line or sit on a chair until the remaining contestants have completed their warm-ups and 10 shots. After the other contestants have finished shooting, the contestant will shoot 15 more shots to complete their 25 shots for score.

The Benevolent and Protective Order of Elks have been sponsoring the National Hoop Shoot Free Throw program for more than 42 years. Elks National Foundation has allocated \$1mil. to fund the program to date



Knights of Columbus Council - Father DeNisco 3862 to Sponsor Youth Free Throw Championship

By Scott Moyer

PEN ARGYL - All boys and girls ages 9 to 14 are invited to participate in the local level of competition Knights of Columbus Free Throw Championship. The local co Ave. The competition will be held on Friday, January 17 at Immaculate Conception School - 290 W. Babbitt, Pen Argyl, gymnasium at 7:00PM. In the event of inclement weather, a snow date is set for Friday, January 31. The Knights of Columbus Free Throw Championship is sponsored annually, with winners progressing through local, district, and jurisdictional competitions. All boys and girls ages 9 to 14 are eligible to participate and will compete in their respective age divisions. Participants are required to furnish proof of age and written parental consent at time of competition.

Contact: Scott Moyer - 484-547-6247 or at smoyer@nazarethasd.org for additional information

LeadingAge PA Commends Gov. Wolf for New Mental Health Initiative

By David La Torre

MECHANICSBURG, Pa. (Jan 2, 2020) – LeadingAge PA, the voice for nonprofit senior care in Pennsylvania, today lauded Gov. Tom Wolf for his new initiative, “Reach Out PA: Your Mental Health Matters.” This effort will expand access to important mental health resources for countless Pennsylvanians, including seniors. As part of Reach Out PA, Pennsylvania will be offering more Dementia Friends training.

“LeadingAge PA commends Gov. Wolf for taking this critical step in helping countless Pennsylvanians address mental health issues,” said LeadingAge PA President and CEO Adam Marles. “As one of the grayest states in the nation, access to critical mental care for seniors is increasingly important. LeadingAge PA looks forward to working with the Wolf administration and the Dementia Friends program to help improve the lives of Pennsylvania seniors who are fighting this disease.”

LeadingAge PA staff completed the training and became Dementia Friends in 2019, and are pleased Gov. Wolf will include a focus on a program teaching volunteers how a senior can live his or her best life with dementia.

About LeadingAge PA:

LeadingAge PA is a trade association representing more than 320 not-for-profit senior housing, health care and community services across the commonwealth. These providers serve more than 75,000 older Pennsylvanians and employ over 50,000 dedicated caregivers on a daily basis. Services our members offer include Life Plan Communities/Continuing Care Retirement Communities, skilled nursing communities, assisted living residences, personal care homes, and affordable senior housing. LeadingAge PA advocates on behalf of our members at the state and local levels to influence positive change and affect a healthy vision for the delivery of quality, affordable and ethical care for Pennsylvania’s seniors. For more information about LeadingAge PA and our envisioned future of senior services, visit www.leadingagepa.org.

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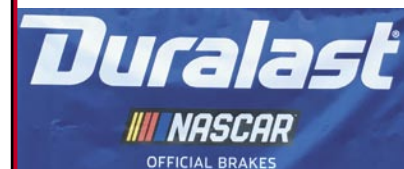
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2019 SLATE BELT YOUTH SOCCER



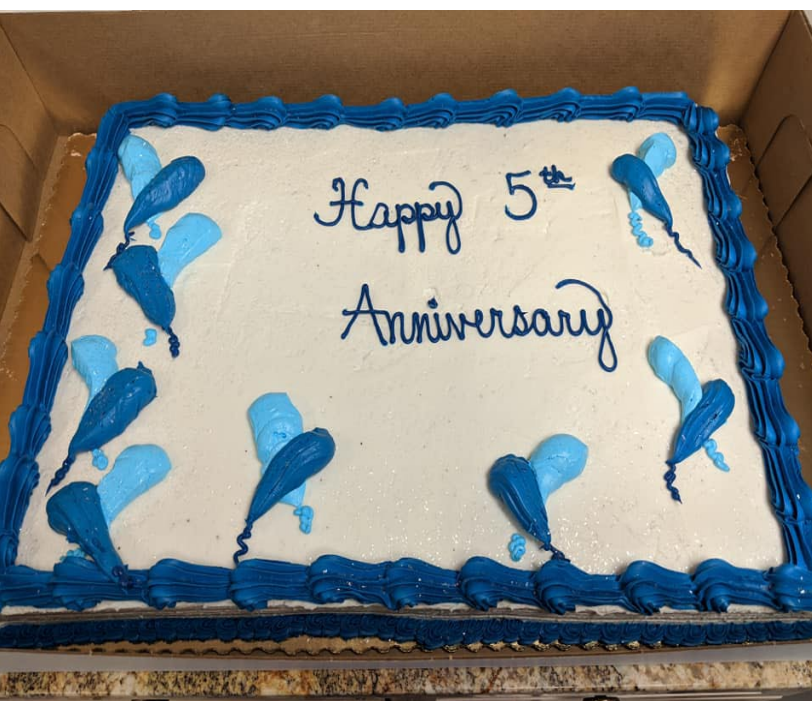
U11 Boys A 2019 Garcia Cup Runner-up



U13 Girls A 2019 Undefeated BMYSL League Champions and Garcia Cup Champions



U15 Boys (coed) 2019 BMYSL U15 Boys Garcia Cup Champions



Slate Belt Y Celebrates 5th Year Anniversary

By Michael Ortoski

PEN ARGYL - Slate Belt Y invited the community to a Open House and celebrate their 5th year Anniversary. They offered free classes for adults and youth all day.

"Today is the day to join" said Jen DeLong Slate Belt Y Dir. "Visit any branch of the Greater Valley YMCA TODAY for our 2020 Open Houses, try out free Y programming, meet the directors, take a tour, and get a feel for the Y community!"

Currently the Slate Belt Y is working on their expansion of a indoor pool, Pre-K child care center and a indoor gym. Stop by and see the artists renderings for the project.



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Presents
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