



Ken Field

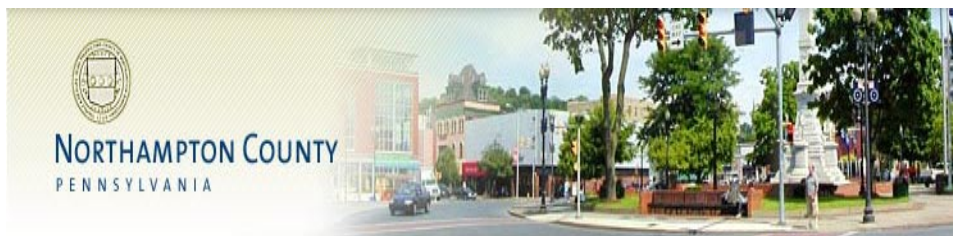
Owner of Slate Belt Energy Services

Exclusively in the Blue Valley Times

Value is a Commodity

One of the definitions of the word value is 'the regard that something is held to deserve; the importance, worth, or usefulness of something'. A good value is something that you feel is worth the money you pay for it. Everyone who has a job is there because what they do adds value to the company they work for. That is the only way their compensation can be justified by the owners of that company. There is a minimum amount of value you can add and there is additional value that you can add if you really give some effort to be good at what you do. I don't care what that job is. It could be someone behind the counter at McDonalds, or in the auto parts store or even a server in a restaurant. Especially a server in a restaurant because they depend on tips to supplement the crappy pay the restaurant gives them. I have had servers who seem like they would rather be somewhere else and made the 20% I left feel like it was not a good value. I have also had servers who make the experience so much better and I have left well over the 20% that is customary and was very pleased. In my business I am in people's homes often. A few of the things I do to add value to my service is cover my shoes and treat the customers home just like the customer with the utmost respect. I explain whatever it is that I need to do and then do it in a professional manner. I clean up the area I needed to work in and provide a warranty on my work and the parts I installed. I suppose I could add more value if I knew how to juggle or play a musical instrument but in today's world showing up and doing your job is not as commonplace as it used to be. From the time I worked changing tires and fixing flats 44 years ago, I have tried to exceed the minimum requirements of any job. I will say that it got me noticed by customers and also the people I worked with. Not being a suckup but not being a slacker. There is a lot of middle ground. When I started in the HVAC trade as a helper I actually helped without being told every 5 minutes what to do. Within 6 months I was on my own. It is up to you to decide how you can add value to your job, or not, but people notice either way.

Ken Field is the owner of Slate Belt Energy and Field's Service, Inc. As a certified energy rater and contractor, he is qualified to assess every aspect of energy usage and prescribe solutions to save energy. He can be reached at 610-759-6306 or email Ken@FieldsService.com



PANG to assist at Gracedale

By Becky Bartlett

EASTON - In order to offset the likely call-offs from the snow we received overnight, and in recognition that two dozen Gracedale staff are quarantining due to COVID-19, Gracedale Administrator Jennifer Stewart-King has petitioned the Pennsylvania Army National Guard to send six general purpose personnel to Gracedale beginning Friday, January 7th. PANG has graciously agreed to provide assistance for five days.

The general purpose Guard members will be tasked with assisting Dietary with passing trays and water, transporting patients, answering call bells and generally facilitating the non-medical needs of the residents. PANG personnel will not be performing any nursing functions at this time.

County Executive McClure said, "We are more grateful to the Pennsylvania Army National Guard than we can express in words. As the largest nursing home under one roof in the Commonwealth, we've needed their help from time-to-time. The Guard has always come when we've called. They have our eternal thanks."

"We always put our residents' needs first," says Gracedale Administrator Jennifer Stewart-King. "It's why I've asked PANG to assist us."

McClure Announces A Proposal To Study The Establishment A County Health Bureau

At the County Council meeting on January 6, 2022, Lamont McClure announced a proposal to study the creation of a County Health Bureau. The current pandemic has shown the importance of organizations which can coordinate information and deliver services to promote and improve public health.

"In addition to dealing with the crisis posed by COVID-19, a Health Bureau could address infectious diseases such as Influenza, Tuberculosis and HIV as well as implementing programming to improve maternal and child health and provide support for heart disease, cancer, diabetes, etc.," says Lamont McClure. "With a Health Bureau that answers only to the County of Northampton, we're assured our suburban and rural areas will receive as much focus as our more developed communities."

A Request for Proposal (RFP) will be released on January 7th to non-County affiliated academic institutions and hospital systems to determine if a Health Bureau is needed and, if the answer is 'yes,' how to establish one.

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COVID-19 Prevention and Treatment

By Senator Scavella

PEN ARGYL - There are now multiple COVID-19 prevention and treatment options authorized by the FDA for emergency use in patients at high risk of developing severe COVID-19. While they're not substitutes for vaccines, they might be right for some people.

The state Department of Health website has information regarding the distribution of COVID-19 Prevention and Treatments, covering:

Pre-Exposure Prevention
Post-Exposure Prevention
COVID-19 Treatment
Oral Antivirals
Monoclonal Antibodies

You can find locations for prevention medicines and treatment at Therapeutics Distribution | HHS Protect Public Data Hub and information also can be found on local distributions of the oral antiviral medications Paxlovid and Molnupiravir. The supply of oral antiviral medications is extremely limited until national production increases.

Consult with your healthcare provider on the appropriateness and availability of these treatments.

Go to: <https://www.health.pa.gov/topics/disease/coronavirus>.

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