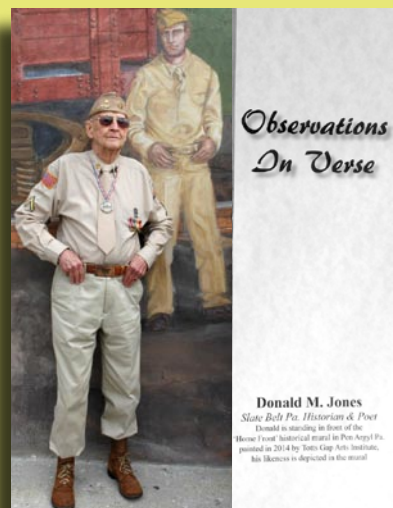


Slate Belt History From The Archives of Donald Jones

Exclusively in the Blue Valley Times



The Sterling Silk Mill At Main And Messenger Streets Before The Viaduct Was Built In 1920. This Mill Is More Than 100 Years Old And Was The Work Place For Thousands Of People Over The Many Years. It Contributed To The WW II War Effort By Making Parachutes And Some Of Our Protective Mosquito Nettings Used In The Pacific Theater Were Labeled Pen Argyl, Pa. (Small World).



Debbie Pettinari
Agent

Hello,
neighbor!

Please stop by and say, "Hi!"
I'm looking forward to serving your needs for insurance and financial services.
Like a good neighbor
State Farm is there.®
CALL ME TODAY.

106 S. Broadway, Wind Gap, PA. 18019
Business: 610-881-4433 Fax: 610-881-4432
Debbie.pettinari.wz73@statefarm.com



State Farm, Home Office, Bloomington, IL

Blue Valley Times

SERVING THE SLATE BELT, LOWER POCONOS AND NORTHERN N.J.
DAILY ONLINE AT FACEBOOK.COM/BLUEVALLEYTIMES/

Visit us at www.bluevalleytimes.com



BACK PAIN?

DO YOU HAVE PAIN...

- When you bend forward to tie your shoes?
- With bending and lifting activities?
- Stronger on one side than the other?
- That gets worse with standing and walking and improves with sitting?
- That goes down the front or back of your leg?
- Stops you from social activity like going out to dinner?
- Limits your ability to play with your kids or grandkids?
- Has affected your ability to cook, clean or other home projects?

Come in for a **FREE 30-minute 1-on-1 consultation** with one of our doctors of physical therapy. During this appointment you will receive:

- **Diagnosis:** Learn what is causing your pain.
- **Prognosis:** How long it will take to get back to normal.
- **Treatment Plan:** Find out your options (Hint: it won't include injections, medication or surgery).

Call **610-686-9690** to schedule your free appointment today.

RobbinsPTWest.com/screen