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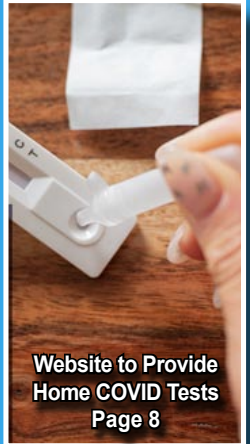
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SERVING THE SLATE BELT, SOUTHERN POCONOS & NORTHERN N.J.
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Benjamin Garland Achieves Rank of Eagle Scout



By State Rep. Joe Emrick

BANGOR - This past weekend, Bob Kilbanks from my district office and Senator Scavello attended the Court of Honor ceremony where Benjamin Garland officially achieved the rank of Eagle Scout. Bob presented Benjamin with a House citation recognizing this impressive accomplishment.

Ben is a member of Troop 78. Ben worked with Faith Family Fellowship Church for his Eagle Scout project, which involved extensive landscape work. He tore out eight bushes, dug up four stumps, dug a ditch for a PVC water drain pipe, and built a rock retaining wall.

Congratulations Ben on your achievement!

St. Luke's Launch New YouTube Channel for Family-Friendly Web Series

By Sam Kennedy

BETHLEHEM - The four-time Emmy® Award winning "Wellness 101 Show" presented by St. Luke's University Health Network is proud to announce the launch of their new YouTube Channel and children's web series "Wellness 101 Junior." The channel and web series were created to help families access factual and accurate health care information during a time when they need it most.

Last year, Jeff Hartney, owner of Production Pocketknife, LLC and St. Luke's University Health Network partnered to produce the "Wellness 101 Show," a web series of 3-5-minute episodes in which Hartney steps in front of the camera as "Mr. Wellness" and illustrates for viewers various tips and tricks to get and stay healthy and well. Over the past two years, the show has been nominated for 6 Emmy® Awards including Best Host, Best Health/Science Program, Best Health/Science Segment and Best Branded Content, and has won 3 out of the 6 Emmy® awards.

But when it was clear the pandemic wasn't over for the 2021-2022 school year, St. Luke's University Health Network and Hartney felt it was necessary to study up and raise the bar by creating a children's edition of the program, "Wellness 101 Junior," to help kids understand what is happening. The episode "What is COVID-19?" was nominated for and won an additional regional Emmy® Award this year, winning



Kael Grim Has Been Chosen As The 2022 Pen Argyl Woman's Club Hobby Recipient



By Marilyn Mehas

BANGOR - Kael Grim is the son of Jason and Kristin Grim. He is a sophomore at Pen Argyl High School carrying a 4.1 GPA and involved in football, weight lifting, and personal training in the off season.

Kael is a recipient of the code of the Green Knights and was a top history and industrial arts student in his freshman year.

He volunteered last year with Stuff the Bus to support families in need within the community. Kael also enjoys volunteering with Dream Come True and is an avid trout and salmon fisherman. His goal is to pursue a biomedical engineering career with Vanderbilt being his dream college.

Hobby was founded by actor Hugh O'Brien in 1958. The award is given annually to deserving sophomores across the nation.

Hobby's mission is to seek out and develop leadership potential in youth and to encourage and prepare the next generation for America's future.

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