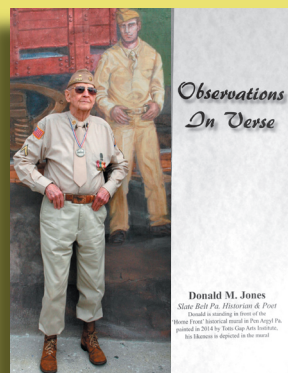


Slate Belt History From The Archives of Donald Jones

Exclusively in the Blue Valley Times



Bangor Welsh Day In Trinity Lutheran Church Grove. September 5, 1930. Wanting To Be Noticed, I Sat In Front By My Self (Can't' Niss Those Argyl Socks.) This Day Was Also My Eighth Birthday. An Excellent Photograph When You Realize It Is 90 Years Old.



Debbie Pettinari
Agent

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KNEE PAIN?

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- Swelling and tenderness?
- Buckling or locking of the knee joint?
- Cracking or popping sounds?
- Decreased range of motion?
- Weakness?
- Pain in the morning or after inactivity?
- Pain when walking?
- Discomfort when climbing stairs, rising from a seated position, or kneeling?

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- **Prognosis:** How long it will take to get back to normal.
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