

Pro Golfer Who Hails from Freedom High Gets in Playing Shape with Help from St. Luke's

By Sam Kennedy

BETHLEHM - Pro golfer Zach Juhasz is a life lesson in can-do, and St. Luke's University Health Network is proud to add him as one its newest Community Ambassadors.

Juhasz, 25, who only took up golf as a sophomore at Freedom High School, went from shooting in the 90s then to a 74 average by his senior year when he was named the Eastern Pennsylvania Conference MVP.

As a St. Luke's Community Ambassador, Zach will be exhibiting that same dedication and confidence in an outreach program that will include motivational videos and golf clinics, as well as live participation in special activities at the St. Luke's at the 2022 USGA U.S. Senior Open at Saucon Valley Country Club June 21-26. St. Luke's University Health Network is the exclusive medical services provider for the US Senior Open being held at Saucon Valley Country Club this June.

What makes his journey even more special, though, is that he lost 100 pounds in 2019, a conscious choice which improved his fitness and endurance. He credits the weight loss with leading him to winning two Lehigh Valley Tournament of Champions, two Northampton Country Club championships, and the prestigious Lehigh Valley Amateur.

Zach made his pro debut last year, playing in the Advocates Professional Golf Association (APGA) tournament at Bluestone Country Club in Valley Forge. This year's tour will take him all over the country, from Florida to Las Vegas, Scottsdale, and elsewhere.

"We are excited to add Zach Juhasz to our St. Luke's Community Ambassador Team," said John Hauth, Senior Network Administrator, Sports Medicine Relations for St. Luke's. "In addition to being an outstanding golfer, Zach is an outstanding young man who has a great story to share about perseverance and striving for excellence. He is an exemplar of our 'Fit for Life' Vision at St. Luke's."

Zach is excited about his newest role as Community Ambassador, especially with the U.S. Senior Open coming to Bethlehem.

"It's awesome anytime the USGA tour comes to your home town," he said. "Everybody gets excited, because who doesn't want to see the best in the game, right? It gives the game more room to grow, especially with the youth, and I can share my story with them."



Ken Field

Owner of Slate Belt Energy Services

Exclusively in the Blue Valley Times

Let the Buyer Beware

The best way to do something and the easiest way are never the same. It is the job of an engineer to figure out the best way, then the bean counters chip away at that until they hit the price point they are looking for. That's why most products we buy today don't last 10 years alike they used to. All the longevity has been removed to make the price appealing.

When it comes to building and repairing homes, there are different grades of lumber and tons of places where contractors can cut corners if they want to. That too is temporary because you can't build a business on work that doesn't stand the test of time. House flippers are usually the worst offenders and only care about cosmetics. They aren't in the business of selling maintenance free homes. One flip home I was in recently looked great when the family bought it and moved in but since then they have been constantly repairing things that didn't work properly or have since broken. A toilet connected to hot water, electrical outlets that were wired incorrectly, roof leaks, and 2 heating systems that don't work correctly. They have been there for 6 months. Because of the history of the house they suspected that things weren't all as good as they looked and were prepared for some surprises but with all the checks in place today to protect home buyers, they still got less than they expected. Home inspectors don't have x-ray vision and there is just so much they can find during an inspection. Flippers know that and spend more money on paint than they do on repairing physical flaws.

One thing that flippers do that upsets me is that they remove insulation from ducts and pipes because those products may contain asbestos. They don't put anything back, they just leave them bare or paint them. Paint covers mold too. But removing that insulation causes problems with the heating systems and that will be for the new owners to find out. I'm sure they don't use approved methods to remove the insulation either so they took something that was relatively harmless and made it much worse because all of the dust in the basement is now probably toxic.

I would rather own a house that was never flipped because there is no telling what time bombs are lurking inside. I have been a flipper and I sold the new owners more than they bargained for so it isn't like every flip house is bad. Trust but verify if at all possible.

Ken Field is the owner of Slate Belt Energy and Field's Service, Inc. As a certified energy rater and contractor, he is qualified to assess every aspect of energy usage and prescribe solutions to save energy. He can be reached at 610-759-6306 or email Ken@FieldsService.com

BANGOR AREA HIGH SCHOOL DRAMA DEPT. PRESENTS:



"Help Build the Barricade" PANCAKE BREAKFAST

SATURDAY, MARCH 5, 2022
8:00 AM - 11:00 AM

Bangor Area High School Cafeteria

Pancakes, Sausage, Coffee, Juice, Tea, Hot Chocolate

Musical Performances * Photo Opportunities

Karaoke * Raffles * 50/50

Activities for Children of All Ages

The Bangor High School Drama Department will be hosting the seventh annual pancake breakfast with the cast of "Les Misérables" at the Bangor Area High School. Les Misérables spans twenty heart wrenching years of courage, love, heartbreak, passion, and the resilience of the human spirit in post-revolutionary France. Jean Valjean, known as Prisoner 24601, is released from prison and breaks parole to create a new life for himself while evading the grip of the persistent Inspector Javert. The story reaches resolution against the background of the June Rebellion. The musical is based on the book by Victor Hugo.

Tickets can be pre-ordered or purchased at the door.
\$8 - Ages 12 & Up, \$6 - Ages 3-11, 2 years & younger free.

Breakfast Pre-Orders due no later than Feb 25, 2022. Pre-orders will be held at the door - check in when you arrive. Please return payment along with number of tickets to: BANGOR AREA HIGH SCHOOL, C/O JOSEPH DIMINICO, 187 5 PTS RICHMOND RD, BANGOR, PA 18013 (Checks payable to: BAHS Acct. #144)

(Please see Bangor Area School District website for weather related cancellation information.)



2nd Annual **Join Our Stay-At-Home Online Auction / Flea Market** 2nd Annual

March 1 - March 31

Great Items Available in Support of Rotary Projects and Ending Polio

Sponsored by the Rotary Clubs of Northeast PA

42 Clubs • 10 Counties

Trellis.org/RotaryAuction

Rotary
PEOPLE OF ACTION

