



Ken Field

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Misinformation and Disinformation

Some people have the great gift of common sense. There are different levels of it but everyone probably has some common sense. Like the 'don't stick your hand in the fire' kind. But there are more levels that get even more complex. Like 'will my car fit in that parking space' or 'should I leave candles burning when I'm not home'? Lots of things that are called accidents really are miscalculations made by people with a very small amount of common sense. Accidents can happen to anyone but people who are called accident prone are probably also lacking common sense.

Inaccurate information is not hard to find these days on any topic but it is harder for this information to proliferate if it is run through the common sense filter first. If you don't have that filter you may be in a constant state of panic because it seems like the world is always about to come to an end. And why would anyone question people who sound like they are trying to help you and warn you? Well, frankly, it's the money. I read reports on insulation and energy conservation and new heating equipment and anything else that is part of my bailiwick. Some of it is advertising and you can be sure the facts are stretched in a sales pitch. Thanks to the internet there is an abundance of information on everything from people who are not being paid to say it. That is where the gold can be found even if it refutes what the advertisements say.

When you become hypersensitive to any topic you also notice things that are incongruous with the information that is easiest to find. Fiberglass is said to be the best insulation for most new home construction. Thank you for that information Johns Manville (the manufacturer of most fiberglass insulation) but cellulose is far better in many ways. I know this because I have done my own study. That doesn't make me an expert, but it confirms what common sense told me from the start.

Face coverings were required for a couple years even though they do nothing to stop the spread of a virus. Are we supposed to believe that the masks were partly to thank for the pandemic only lasting 2 years? Common sense says no. It worked its way through the population and went away. Almost nobody wore one correctly. They touched them constantly then touched things that others would also touch so common sense says the spread would probably have been lower without the masks. Maybe we will find out more with the next virus.

Ken Field is the owner of Slate Belt Energy and Field's Service, Inc. As a certified energy rater and contractor, he is qualified to assess every aspect of energy usage and prescribe solutions to save energy. He can be reached at 610-759-6306 or email Ken@FieldsService.com

BANGOR AREA HIGH SCHOOL DRAMA DEPT. PRESENTS:



"Help Build the Barricade" PANCAKE BREAKFAST

SATURDAY, MARCH 5, 2022

8:00 AM - 11:00 AM

Bangor Area High School Cafeteria

Pancakes, Sausage, Coffee, Juice, Tea, Hot Chocolate

Musical Performances * Photo Opportunities
Karaoke * Raffles * 50/50
Activities for Children of All Ages

The Bangor High School Drama Department will be hosting the seventh annual pancake breakfast with the cast of "Les Misérables" at the Bangor Area High School. Les Misérables spans twenty heart wrenching years of courage, love, heartbreak, passion, and the resilience of the human spirit in post-revolutionary France. Jean Valjean, known as Prisoner 24601, is released from prison and breaks parole to create a new life for himself while evading the grip of the persistent Inspector Javert. The story reaches resolution against the background of the June Rebellion. The musical is based on the book by Victor Hugo.

Tickets can be pre-ordered or purchased at the door.
\$8 - Ages 12 & Up, \$6 - Ages 3-11, 2 years & younger free.

Breakfast Pre-Orders due no later than Feb 25, 2022. Pre-orders will be held at the door - check in when you arrive.
Please return payment along with number of tickets to: BANGOR AREA HIGH SCHOOL, C/O JOSEPH DIMINICO,
187 5 PTS RICHMOND RD; BANGOR, PA 18013 (Checks payable to: BAHs Acct. #144)

(Please see Bangor Area School District website for weather related cancellation information.)

MONIKA STEFANY STEPHEN PESSIKI

A collaborative art exhibit

March 4 - April 3

People AND PLACES

Opening
Reception

March 4, 6-8pm



30 Belvidere Street | Nazareth, PA 18064

Meals on Wheels

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health condition of an individual help them to better manage overall health.

Of course, the daily wellness checks and friendly outreach of our delivery volunteers is also critical to addressing social isolation." The annual March for Meals celebration commemorates the historic day in March of 1972 when President Nixon signed into law a measure that amended the Older Americans Act of 1965 to include a national nutrition program for seniors 60 years and older.

This year, Meals on Wheels programs from across the country are joining forces for the awareness campaign to celebrate 50 years of success and garner the support needed to ensure these critical programs can continue to address food insecurity and malnutrition, combat social isolation, enable independence, and improve health for years to come.

"The Older Americans Act Nutrition Program is the only federally supported program designed to be an antidote for both senior hunger and isolation," said Ellie Hollander, President and CEO of Meals on Wheels America. "Despite decades of proven success and bipartisan support, funding for this program has failed to keep pace with the rapidly growing need for its services. With the nation's senior population increasing dramatically, now is the time to support local Meals on Wheels programs – through volunteering, donating and speaking out – to ensure we are able to deliver for another 50 years." MOWGLV has invited prominent local and state legislative officials to deliver meals to Lehigh Valley seniors throughout the month of March. Legislators who will be joining in the celebration include PA Representatives Zach Mako, Mike Schlossberg, and Peter Schwyer. Mayors Mike Harakal (Whitehall) and Matt Tuerk (Allentown), as well as Northampton and Lehigh County Executives Lamont McClure and Phil Armstrong. For more information on how you can volunteer, contribute, or speak out for the seniors in the Lehigh Valley this March, visit www.mowglv.org.



2nd Annual Join Our Stay-At-Home Online Auction / Flea Market 2nd Annual

March 1 - March 31

Great Items Available in Support of
Rotary Projects and Ending Polio

Sponsored by the Rotary Clubs of Northeast PA

42 Clubs • 10 Counties

Trellis.org/RotaryAuction

Rotary
PEOPLE OF ACTION

