

# Bangor Cross Walk

By Craig Aklin

BANGOR - The Bangor Cross Walk which had been held annually on Good Friday since 2008 resumed this year after missing two years due to the pandemic.



# April is Distracted Driving Month

By Senator Lisa Boscola

EASTON - April is Distracted Driving Month. April is Distracted Driving Awareness Month, a nationwide effort to raise awareness about the dangers of distracted driving and eliminate preventable deaths and injuries on our roadways.

Just because your eyes are on the road and hands are on the wheel doesn't mean that you're safely focused on driving. Distractions occur when your attention is diverted by a secondary task that requires focusing on an object, event or person not related to the driving task. Anything that takes your eyes off the road, your hands off the wheel or your mind off your driving can be a big problem.

## Driving Distractions Include:

- Cell phones and other mobile devices.
  - Radios, CD players, and GPSs
  - Vehicle controls
  - Passengers
  - Smoking, Eating, and Personal Grooming
  - Sleepiness or fatigue
- Distracted driving is a serious issue. The good news is that many accidents can be prevented.

## What can you do?

- Plan your route in advance
- Take a break when you are hungry or thirsty
- Postpone complex or emotional conversations until you arrive at your destination
- Put away distracting items (phones, newspapers, books, etc.)
- Adjust seat positions, climate controls, sound systems, and other devices while your vehicle is stopped
- Driving is a complex task that requires the attention and concentration of each and every driver. Avoid distractions; keep your hands on the wheel and your head focused on the task of driving safely.

		
<b>VISUAL</b>	<b>MANUAL</b>	<b>COGNITIVE</b>
		
<b>TAKING EYES OFF ROAD</b>	<b>TAKING HANDS OFF WHEEL</b>	<b>TAKING MIND OFF DRIVING</b>



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**MONIKA STEFANY  
STEPHEN PESSIKI**  
*A collaborative art exhibit*  
 March 4 - April 3

People  
AND PLACES

Opening Reception  
March 4, 6-8pm



30 Belvidere Street | Nazareth, PA 18064