



Hilltop Sales & Service

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Help for Veterans and Beneficiaries Facing **Unexpected Hardships**

By Senator Scavello

PEN ARGYL - Pennsylvania veterans and beneficiaries facing a crisis can receive financial relief for necessities of life such as food, shelter, fuel and clothing through the Veterans Temporary Assistance program.

Eligible veterans or their beneficiaries can qualify for up to \$1,600 in a 12-month period. Eligibility requirements include: a person who served in the U.S. Armed Forces (discharged under honorable conditions), died in service or was killed in action, or suffered a service-connected disability.

pply, contact the County Veterans Affairs Director in your county.



Box Fans Available For Older Adults

By Becky Bartlett

EASTON - Lamont McClure and Area Agency on Aging (AAA) announce that box fans are available for free for older adults during this heat wave. To obtain a fan, call AAA at 610-829-4540 or Information & Referral/Emergency Services (IRES) at 610-559-

Older adults are more susceptible to heat-related illnesses, including heat stroke, even in temperatures below 100 degrees. It is important to remember to stay in a cool place, drink plenty of fluids such as water or fruit juice, and contact your physician or 911 if you have symptoms of heat-related illness such as headache, confusion, dizziness, or nausea.

During heat waves, it is recommended that people use fans to circulate the air, relax in rooms that do not receive direct sunlight, block the heat using window blinds during the sunniest times of the day and postpone using heat-producing appliances such as clothes dryers, dishwashers and stoves until it is cooler. Residents should also consider cooking with outdoor





