

Takeout Meals Every Second Saturday

By Tighe Lane

WASHINGTON TWSP. - Washington Township Vol. Fire Co., will once again be offering takeout meals every second Saturday from 4-6pm on the following months and dinners listed below. All diners have to be ordered and paid by the the first Saturday of the month by calling 610-588-2113 or 610-588-6417. Meals can be picked-up at the firehouse at 920 Washington Blvd. Bangor.

October-Roast Beef, Mashed Potatoes, Gravy, Corn, Tossed Salad, Dinner Roll, Butter and choice of Chocolate or Vanilla Cake both with White Icing. \$15.00

November- Baked Country Sausage and Saurkout, Mashed Potatoes, Apple Sauce, Dinner Roll, Butter and Carrott Cake (may contain nuts) *Cost to be posted soon

January- Rueben Sandwich or Roast Beef Club Sandwich, Cup of Sausage Potato Soup and Slice of Cherry Pie *Cost to be posted soon

March- Ham, Mac&Cheese, Green Beans, Apple Sauce, and Snicker Doodle Cookie

*Cost to be posted soon

Weona Park Clean-Up

By Krista Campbell

PEN ARGYL - On October 2nd, 2022, from 9:00 am to 2:00 pm, about 30 students from Pen Argyl Area High School are volunteering up to 5 hours of their time to help clean up their community. The

Knight's Order, the Character Education program at the Pen Argyl High School that organized the event, is responsible for service projects throughout the school and community.

The Knight's Order wanted to give back to the community that has been so supportive of their other initiatives. The group decided to weed the Weona park baseball fields. The Character Education students put in hours of their time to get this event ready for the school to participate in.

The students of Pen Argyl are going to come together and take the time to spend their Sunday morning helping the community. There are weeds growing all throughout the baselines. The students of Pen Argyl are aiming to spend their time trying to make their community a better place. After this event we hope to have an amazing baseball field that the whole community can enjoy.



Free Community Sunday Supper

By Judy Rodgers

GILBERT - Our Lady Queen of Peace Church, Rt 209, Gilbert, will hold a free Community Sunday Supper at the Church from 3:00 to 4:00 on Sunday October 9th, to be held in McCawley Hall.

Take out is also available at this time. Please call the Church office at 610-681-6137 with any questions.

Suicide Prevention

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supports such as:

- Locating recommended services and navigating the referral process
- Assistance with understanding insurance and how to access services through it
- Linkage to peer and community supports in Northampton County
- Linkage to other Northampton County services if needed or requested
- Periodic check-ins from time of referral until three months following the patient's discharge

"Suicides can be prevented," says Lamont McClure. "These honorees have saved lives by recognizing the signs and offering assistance to people when they are at their most vulnerable. Their service provides immeasurable benefits to our community."

September is Suicide Prevention Awareness Month. Anyone struggling with thoughts of suicide can call the local crisis line at 610-252-9060 or the National hotline at 1-800-273-TALK (8255).



Debbie Pettinari
Agent

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