Art Show Winners

Continued from page 1

Acrylics: First, Frank DePalma, East Stroudsburg; Second, Jeanne H. Ross, Lords Valley; Third, Lauryn de Leeuw, Lords Valley

Watercolor: First, Beverly Abel, Cresco; Second, Kathleen Zann Isacson, Marshalls Creek; Third, Altagracia Santana, East Stroudsburg

Photography: First, Laurinda Faye, Stroudsburg; Second, Rachel Keslosky, Stroudsburg; Third, Benedetto Marino, East Stroudsburg

Mixed Media: First, Sandra Lee Garland, East Stroudsburg; Second, Jillian De-Luca, East Stroudsburg; Third, Doug Gilbert, Stroudsburg

Fiber Arts: First, Elizabeth Burnett, Stroudsburg; Second, Lenore Fiore-Mills, Dun-

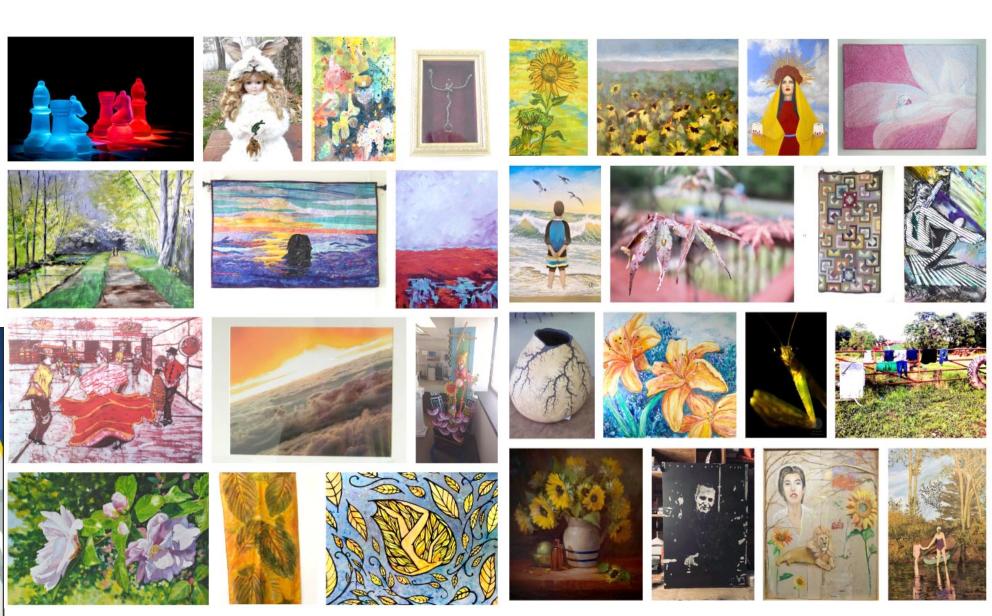
more; Third, Carol Gingrich, Bushkill

3D Works: First, Will Rothfuss, Stroudsburg; Second, Terry Kloiber, Pen Argyl; Third, Elizabeth Tilley, Stroudsburg

Works On Paper: First, Sherwood Samet, Stroudsburg; Second, Ian Carrig, Delaware Water Gap

For further information on becoming a member of the Pocono Arts Council, call 570-476-4460 or visit www.poconoarts.org.

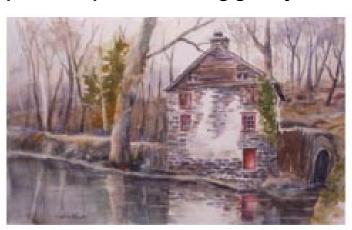
The Pocono Arts Council is a local arts service organization serving the Pocono region. The mission of the council is to build the community artistically and culturally by providing leadership, service and education - "Culture Builds Community." For further information, visit www.poconoarts.org, email info@poconoarts.org or call 570-476-4460.



In addition to the Community Gallery, View a "virtual gallery" at https://www.poconoarts.org/gallery/.









Ken Field Owner of Slate **Belt Energy** Services

Exclusively in the Blue Valley Times

What's In It For Me

Without motivation life would be pretty dull. Even though there are many levels of motivation, we all need at least a little to get us out of bed in the morning. The need to feed our family motivates most of us to go to work and earn a paycheck. But humans are different than animals and just providing food isn't stimulating enough to satisfy many of us. The quest for knowledge and information as well as the desire to be the best at something adds some spice to daily life. You never see beavers trying to impress their neighbors with the best looking dam. Competition, whether real or imagined, drives people to exceed the minimum requirements of survival and that's what really makes the world turn. It also is slowly destroying it but that's for another article.

It really boils down to the question "what's in it for me"? Sometimes the only thing in it is a challenge. Fishing, for example, is not free, it doesn't generate a profit, and it probably doesn't feed the family, but it is fun because it's challenging. Most hobbies are fun and if you have enough free time to have a hobby, you've already surpassed the survival challenge. Everything is easier to do if you have fun doing it. The trick is to find something you HAVE to do and then make it fun, or at least tolerable. Like a job. It doesn't seem possible to spend almost 1/3 of your time doing something you don't enjoy. It would make you miserable. Doing the same thing day in and day out can also make it boring and that can lead to depression. It's no wonder we all have issues of one kind or another. It is up to you to find ways to keep life interesting and still meet all the normal requirements.

If all I cared about was a paycheck, I would avoid all the difficult jobs in attics and crawl spaces and all the dirty jobs that come my way. But some of them present enough of a challenge to motivate me and that's why I'm still plugging away. My body isn't cooperating fully anymore when I need to work in tight spaces and that is disappointing but if I can pass on some of what I've learned over the years, someone else can go in those spaces and the job will still get done properly. There is some satisfaction in that and it may be my new reason to get out of bed every day.

Ken Field is the owner of Slate Belt Energy and Field's Service, Inc. As a certified energy rater and contractor, he is qualified to assess every aspect of energy usage and prescribe solutions to save energy. He can be reached at 610-759-6306 or email Ken@FieldsService.com

Fall For A Cause This Autumn At The Lehigh Valley Zoo

By Matt Provence

SCHNECKSVILLE — Fall is finally here and the Lehigh Valley Zoo is your go-to destination with events like OTTERtoberfest and Boo at the Zoo, presented by 69 WFMZ TV and the iHeartRadio Stations B-104, 95.1 ZZO and Newsradio 790 WAEB. Participation in both events are included with regular admission, and tickets are available now at www.lvzoo.org/reopen.

Located in the scenic Trexler Game Preserve, the Zoo is the perfect place to spend quality time with family while staying safe and learning about the beauty of conservation. While the Zoo is always a wonderful place to visit on its own, these two major

Fall events help us to #SustainOurMission of saving species and caring for the animals who call the Zoo home.

OTTERtoberfest kicks off this Saturday. Grab your lederhosen and visit the LV Zoo on Saturday, Oct. 10, to celebrate. This annual event will incorporate a selection of specialty craft and gift vendors stationed throughout the Zoo. There will also be special crafts and activities for children and live German music courtesy of the Happy Dutchman German Band from 11 a.m. to 2 p.m.

For our 21+ guests, popular seasonal hard beverages will be available at the OTTERtoberfest Beer Tent. A valid photo ID is RE-QUIRED for the purchase/consumption of alcohol.

Masks are required at all times while inside the Zoo unless in designated food and beverage areas.

Boo at the Zoo is also back and better than ever. This annual crowd favorite has guickly become one of the LV Zoo's biggest fall attractions. Get your costumes ready and come out to celebrate

Halloween on one of five, weekend event dates: Oct. 17-18, Oct. 24-25 and Oct. 31.

There will be trick-or-treating throughout the Zoo, with a variety of candy/treat stations, pumpkin decorating and music from 12 p.m. to 2 p.m. each day courtesy of DJ Ray from Fling-A-Things.

This year, the annual Boo at the Zoo event will be coordinated with safety in mind. Candy stations for trick-or-treaters will be prepackaged in goodie bags for the children to collect and they walk through the Zoo. Activities will provide gloves or sanitizer stations available to make sure trick-or-treaters are keeping safe while having fun.

Plus, save the date for when the LV Zoo and Christmas Décor host the famous Winter Light Spectacular, presented by Service Electric, from Nov. 13 to Jan. 2. This event has quickly become a family tradition around the holidays and was recently featured in

> BUSINESS PROPERTY REAL ESTATE AUCTION 2 P.M. SATURDAY NOVEMBER 14, 2020 RAIN OR SHINE ON THE PREMISES 2080 MILFORD ROAD (BUSINESS ROUTE 209) SMITHFIELD TOWNSHIP EAST STROUDSBURG, MONROE COUNTY, PA

REAL ESTATE consists of an old Restaurant with Apartment above with Approx. 1.39 acres of land having about 400 ft. of highway frontage. Older Building built in 1935. First Floor has Large Dining Room, Bar Room and Kitchen. Second Floor has an apartment. Public Water and Sewer. 1.39 Acres with Frontage on Business Route 209 and Mt. Tom Road. Tax Code: 16-7-1-21-1 Zoned B-1

FORMER RESTAURANT

SATURDAY OCTOBER 31ST INSPECTIONS: 10 - 12 A.M. NOON NOVEMBER 10TH TUESDAY

TERMS: \$ 10,000 BANK CASHIER'S CHECK (payable to Jack Muehlhan Auctioneer Escrow) AT SALE. BALANCE AT SETTLEMENT WITHIN 30 DAYS. Insurable Deed. No Back Taxes, No Buyer's Premium. What you Bid is What you Pay.

DIRECTIONS: From Borough of East Stroudsburg, PA take Business Route 209 North for about a Mile.

AUCTIONEER'S NOTE: Rare opportunity to BUY a Business location on a Busy Road. Level Land. Building needs some work, but a very good location. Will sell for a price you won't

SALE ORDERED BY: W. Lee, etux

Attorney Mark Primrose

JACK MUEHLHAN AUCTIONEER

"The Name You Can Trust" 601 MAIN STREET # 2 STROUDSBURG, PA 18360

570-421-8333 AU000643L Remember: You are only going to pay one more bid than someone else was willing to pay.

Must have Mask. Social Distancing Must be Followed

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